FHL/FHJL/LCL Cross Country Inv.
October 11, 2018

Location: Canning Creek Cove @ Council Grove Reservoir
1128 Lake Dr. Council Grove, 66846

Schedule of Races:
- 3:30 - Coaches Meeting
- 4:00 - JH Girls 2 mile
- 4:30 - JH Boys 2 mile
- 5:00 - HS Girls Varsity 5K
- 5:30 - HS Boys Varsity 5K
- 6:00 - HS JV Girls & Boys
- 6:30 - Awards

FHL/FHJL Teams: Central Heights, Chase County, Council Grove, Lyndon, Mission Valley, Northern Heights, Osage City, West Franklin

LCL Teams: Burlingame, Hartford, Lebo/Waverly, Olpe

FHL/FHJL Awards: The top 15 varsity runners will be awarded medals; both boys and girls. Medals for the top three 7th and 8th grade places will be awarded for both boys and girls. A plaque will be awarded to the top team in both the boys and girls high school division.

LCL Awards: The top 3 runners will be awarded medals in the JH and HS boys and girls divisions

Locker Rooms: Will not be provided, the lake has restrooms available.

Concessions: There will NOT be a concession stand available.

Parking: Parents/Spectators need to park in the the camping or parking spots (not on the shoulder of the road). Busses will need to pull around to the south side of the cove. There will be a gate worker helping to guide the busses.

Entries: We will be using a timing company to time all races. OZ Endurance will be doing the timing. Please fill out the attached entry form for all of your runners and return to tschroeder@cgrove417.org or jdoornbos@cgrove417.org. Please have entries submitted by the end of the day on Monday, October 8, 2018.