

Social/Emotional Books to support Classroom Mental Health

Allie's Basketball Dream by Barbara E. Barber and Darryl Ligasan

Bunny Cakes by Rosemary Wells

Can't You Sleep Little Bear? by Martin Waddell and Barbara Firth

Cleversticks by Bernard Ashley and Derek Brazell

I Can't Wait by Elizabeth Crary and Marina Megale

I Want It by Elizabeth Crary

Lucky Song by Vera B. Williams

Mean Soup by Betsy Everitt

Mommy, Don't Go by Elizabeth Crary and Marina Megale

No, David! by David Shannon

Owl Babies by Martin Waddell, Andrea B. Bermudez, and Patrick Benson

Runaway Bunny by Margaret Wise Brown

The Carrot Seed by Ruth Krauss

When Sophie Gets Angry – Really, Really Angry by Molly Bang

Llama Llama Time to Share by Anna Dewdney

The Way I Feel by Janan Cain

Just Helping My Dad by Mercer Mayer

My Heart Fills With Happiness by Monique Gray Smith

Dolphin's Big Leap! by Kimberly Weinberger

When Lions Roar by Robie H. Harris

The Pout-Pout Fish by Deborah Diesen

The Good-Pie Party by Liz Garton Scanlon

HOME TWEET HOME by Courtney Dicmas

Shoot for the Moon by Corinne Humphrey

There's No Such Thing as LITTLE by LeUyen Pham

SADLY EVER AFTER? by Elise Allen

THE BEST SHOW & SHARE by Mercer Mayer

JUST A MESS by Mercer Mayer

Monkey Manners "EXCUSE ME" by Lisa Kerr

Engine Nine, Feelin' Fine! by Bill Scollon

Which Shoes Would You Choose? by Betsy R. Rosenthal

It's Great to Work Together by Jordan Collins and Stuart Lynch

It's Great to Share by Jordan Collins and Stuart Lynch

GET HAPPY by Malachy Doyle

Maisy Goes to Preschool by Lucy Cousins

The Bravest Fish Saves the Day! by Matt Buckingham

GOOD JOB, BEAR! by Carrie Weston and Tim Warnes

Scaredy Squirrel at the beach by Melanie Watt

The 12 Days of Kindergarten by Jenna Lettice

Clifford Goes to Kindergarten by Norman Bridwell

Good Job, Ajay by Stuart J. Murphy
Pete the Cat and His Four Groovy Buttons by Eric Litwin
Pete the Cat and His Magic Sunglasses by Kimberly & James Dean
Pete the Cat Rocking in My School Shoes by Eric Litwin
Mighty Dads by Joan Holub
The Ant and the Big Bad Bully Goat by Andrew Fusek Peters
I Love My Hair by Anne Matheson
I am So AWESOME! by Joe Fitzpatrick
the Fall of Freddie the Leaf by Leo Buscaglia, Ph.D.
Brave Bart by Caroline H. Sheppard, MSW
The Giving Tree by Shel Silverstein
The Next Place by Warren Hanson
The Bravest Fish Saves the Day! by Matt Buckingham
It's Great to Keep Calm by Jordan Collins and Stuart Lynch
Happy in Our Skin by Fran Manushkin
Grumpy Bird by Jeremy Tankard
What Does It Mean To Be Kind? by Rana DiOrio
Escuchando a Mi Cuerpo por Gabi Garcia
Listening to My Body by Gabi Garcia
Zach Apologizes by William Mulcahy
Hands Are Not for Hitting by Martine Agassi, Ph.D.
My Turtle and Me by Owen Bernstein
it's tough to lose your balloon by Jarrett J. Krosoczka
SHADES OF BLACK by Sandra L. Pinkney
Inside Outside Who We Are by Steve Tiller
And then... by Alborozo
I Am Enough by Grace Byers
Should I Share My Ice Cream? by Mo Willems
A Color of His Own by Leo Lionni
MY MANY COLORED DAYS by Dr. Seuss
A You're Adorable by Buddy Kaye, Fred Wise, and Sidney Lippman
I Love You with All My Heart by Noris Kern
ABC I Like Me! by Nancy Carlson
How Have I Grown by Mary Reid
No, David! by David Shannon
The Grouchy Ladybug by Eric Carle
Night Shift Daddy by Eileen Spinelli
You and Me Together by Barbara Kerley
On the Day You Were Born by Debra Frasier
Our Granny by Margaret Wild
Kiss Good Night by Amy Hest
Owen by Kevin Henkes
Everybody Has Feelings by Charles E. Avery
Full, Full, Full of Love by Trish Cooke