



Como-Pickton
Consolidated Independent School District
P. O. Box 18, Como, Texas 75431

Dear Parents/Guardian,

Your child may have been exposed to head lice recently on his/her campus. While this is inconvenient, it is not life threatening. However, your attention is required to insure that the nuisance is not spread. Please follow the guidelines below. If you have any questions, please do not hesitate to call. Do not treat your child for head lice or the environment unless you see nits (eggs) or head lice.

Ways to prevent the spread of Lice:

- Do not share combs, hair brushes, towels, hats, bike or batting helmets, blankets and pillows.
- Avoid hanging coats and hats next to other's clothing.
- Monitoring your child for signs of lice/nits (ex: scratching, tickling sensation in a person's hair) and checking your child daily for the next few weeks and on a regular basis thereafter.

What to look for:

- Excessive scratching of head, especially at the back of the head just above the neck and above the ears
- Nits on the hair are usually pearly-grey in color and are attached to the hair shaft near the scalp.
- Nits are distinguished from dandruff because they stick to the hair shaft.
- Adult lice are small (about the size of a sesame seed). Lice stay near the scalp, often behind ears, near the neckline and back of the head.
- Head lice hold tightly to the hair. They move by crawling. They cannot hop or fly (they do not have wings), but they do move quickly making it difficult to find live lice in a child's hair.
- Head lice are most active in the dark.

If your child is found to have head lice, it is important to treat your child before he/she returns to school. Please begin treatment as soon as possible. Your prompt action is requested so that your child can get back to school and not miss learning opportunities in the classroom. The school staff/nurse will assist in rechecking him/her before returning to the classroom.

For more thorough details on treatment of nits and head lice please see the nurse

OR

<https://www.cdc.gov/parasites/lice/head/treatment.html>