

# Pittsburg Intermediate School Wellness and Physical Education

|   | Performance Measure   | Unacceptable (1)               | Acceptable (2)                    | Recognized (3)                   | Exemplary (4)            | Justification  | Principal Notes  |
|---|---|--------------------------------|-----------------------------------|----------------------------------|--------------------------|--|------------------|
| 1   | % of students participating in fitness programs on campus.                  | <50% of students participating | <50-70% of students participating | 70-90% of students participating | 90-100% of participating | Percent of students earning P.E. credit  | See campus notes |
| 2   | Health/safety/emergency training opportunities for staff                    | 0                              | 1-3                               | 4-6                              | 7-10                     | Examples: ALICE, CPR, AED, Diabetes, CPI, Seizure Response   | See campus notes |
| 3   | Students have access to exercise opportunities other than the required P.E. | 0                              | 1-3                               | 4-6                              | 7-10                     | Examples: recess, running club, Little Pirate Relays, athletics, cheerleading,                           | See campus notes |
| 4   | Campus offers opportunities to promote healthy choices                      | 0                              | 1-3                               | 4-6                              | 7-10                     | Examples: Salad bar, Health class, Fitness Gram, Red Ribbon Week, Character Education                    | See campus notes |
| 5   | Staff Wellness Activity Opportunities                                       | 0                              | 1-3                               | 4-6                              | 7-10                     | Examples: Biggest Loser Contest, Vaccinations, Blood Screenings, Mammograms, Exercise Clubs, Blood Drive | See campus notes |
| <b>Column Points</b>  |   |                                |                                   | 12                               | 4                        |  |                  |
| <b>Total Points = 16</b>  |   |                                |                                   |                                  |                          |  |                  |
| <b>Rating Scale: Unacceptable: 0-5 points, Acceptable: 6-10 points, Recognized: 11-15 points, Exemplary: 16-20 points</b> |   |                                |                                   |                                  |                          |  |                  |
| <b>Rating Assigned = Exemplary</b>  |   |                                |                                   |                                  |                          |  |                  |