McCORD ELEMENTARY MENU SEPTEMBER 2017

Start **Each Day** With A **Healthy Breakfast**



Offered Daily Breakfast:

Fruit Fruit Juice Flavored (K-1 only) or Unflavored Milk Lunch:

Flavored(K-1 only) or Unflavored Milk



Breakfast

Sausage Kolache Lunch

Popcorn Chicken Roll Broccoli Bites French Fries Fresh Fruit

Student Holiday

Breakfast Breakfast Sandwich Lunch Fresh Veggie Cup

Crispy Tacos Charro Beans Salsa **Tropical Fruit**

6 Breakfast Muffin Lunch

Chicken Nuggets Mashed Potatoes Tuscan Vegetables Roll **Diced Pears**

Breakfast Sausage Biscuit Lunch Chili Cheese

Dog French Fries **Baby Carrots Orange Smiles** 8

1

Breakfast Mini Waffles Lunch Chicken Parmesan Breadstick Garden Salad Savory Green Beans Chilled Pineapple

11

Breakfast Sausage Muffin Lunch

Corn Dog **Tator Tots Baked Beans** Rosy Applesauce 12

5

Breakfast Glazed Pancakes Lunch

Nachos Grande Refried Beans Salsa Celery Sticks Peaches Sherbet Cup

13

Breakfast Sausage Kolache Lunch

Crispy Chicken Sandwich French Fries Fresh Veggie Cup **Mandarin Oranges** 14

7

Breakfast Breakfast Breakfast Empanada Lunch

Salisbury Steak Biscuit Roasted Potatoes

Garden Salad Fruity Gelatin 15

22

French Toast Lunch Cheese Pizza

Baby Carrots Broccoli Salad Chilled Pineapple Brownie

18

Breakfast

Cinnamon Pull-a-Parts

Lunch

Steak Fingers Mashed Potatoes Seasoned Corn Roll **Tropical Fruit**

19

Breakfast Breakfast Bread Loaf

Lunch

Enchiladas Zesty Cucumbers Refried Beans Rosy Applesauce

20

Breakfast Pancake Wrap

Lunch Chicken Tenders Texas Toast **Tator Tots** Broccoli Mixed fruit Crispy Cereal Treat Breakfast

Breakfast Rolled Taco

Lunch Pepperoni Pizza Garden Salad

Carrots **Diced Pears** 21 Breakfast

> Sausage Kolache Lunch

Fish Sticks Mac and Cheese Coleslaw Savory Green

Beans Orange Smiles

25

Breakfast

Breakfast Round Lunch

Cheeseburger French Fries Fresh Veggie Cup Mixed Fruit

26

Breakfast

Breakfast Sandwich

Cookie

Lunch Italian Hoagie Broccoli Tuscan Vegetables Peaches

27

Breakfast Muffin Lunch

Tex-Mex Stack Charro Beans Tiny Tomato Cup Salsa Cinnamon Apples 28

Breakfast Sausage Biscuit Lunch

Grilled Cheese

Sandwich Seasoned Corn Fresh Veggie Cup Snowball Salad

29

Breakfast Mini Waffles

Lunch

Lion Bowl Savory Green Beans Chilled

Pineapple

*Menu subject to change without notice. This institution is an equal opportunity provider.