

VERNON ISD MENU

SEPTEMBER 2020

Start Each Day With A Healthy Breakfast

1

Breakfast: PK-5
Sausage Kolache
Breakfast: 6-12
Breakfast Taquito
Breakfast: Remote
Muffin
Lunch PK-5
Mexican Combo Plate
Lunch 6-12
Mexican Combo Plate
OR
Chicken Fajita Salad
Lunch: Remote
Mexican Combo Plate

2

Breakfast: PK-5
Breakfast Sliders
Breakfast: 6-12
Waffles & Sausage
Breakfast: Remote
Cereal
Lunch PK-5
Chicken Nuggets
Lunch 6-12
Chicken Nuggets
OR
Stuffed Potato
Lunch: Remote
Chicken Nuggets

3

Breakfast: PK-5
Cocoa Cherry Bar
Breakfast: 6-12
Breakfast Pizza
Breakfast: Remote
Bk Crackers &
Cheese
Lunch PK-5
Spaghetti
Lunch 6-12
Spaghetti OR Bacon
Chicken Ranch Pizza
Lunch: Remote
Spaghetti

4

Breakfast: PK-5
Breakfast Bread
Breakfast: 6-12
Donut Holes &
Sausage
Breakfast: Remote
Cereal
Lunch PK-5
Shrimp Poppers
Lunch 6-12
Cheeseburger OR
Fish Sticks
Lunch: Remote
Cheeseburger

Student Holiday

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Breakfast: PK-5
Pancakes
Breakfast: 6-12
Pancakes & Bacon
Breakfast: Remote
Muffin
Lunch PK-5
Nachos Grande
Lunch 6-12
X-Treme Burrito OR
Nachos Grande
Lunch: Remote
X-Treme Burrito

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Breakfast: PK-5
Sausage Kolache
Breakfast: 6-12
Breakfast Croissant
Breakfast: Remote
Cereal
Lunch PK-5
Crispy Chicken
Sandwich
Lunch 6-12
Crispy Chicken
Sandwich
OR CFS Sandwich
Lunch: Remote
Crispy Chicken
Sandwich

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Breakfast: PK-5
Breakfast Pizza
Breakfast: 6-12
Dutch Waffle
w/Sausage
Breakfast: Remote
Bk Crackers & Cheese
Lunch PK-5
Grilled Cheese
Sandwich
Lunch 6-12
Beefy Mac OR
Grilled Cheese
Sandwich
Lunch: Remote
Beefy Mac

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Breakfast: PK-5
French Toast
Breakfast: 6-12
Breakfast Burrito
Breakfast: Remote
Cereal
Lunch PK-5
Cheese Pizza
Lunch 6-12
Cheese Pizza
OR
Italian Sub Sandwich
Lunch: Remote
Cheese Pizza

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Breakfast: PK-5
Cereal Bar
Breakfast: 6-12
Breakfast Pizza
Breakfast: Remote
Cereal
Lunch PK-5
Steak Fingers
Lunch 6-12
Steak Finger OR
Chicken Tenders
Lunch: Remote
Steak Fingers

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Breakfast: PK-5
Muffin
Breakfast: 6-12
Chicken N Biscuit
Breakfast: Remote
Muffin
Lunch PK-5
Chicken Fajitas
Lunch 6-12
Chicken Fajitas
OR
Tex Mex Stackups
Lunch: Remote
Chicken Fajitas

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Breakfast: PK-5
Cocoa Cherry Bar
Breakfast: 6-12
Biscuit & Gravy
w/Eggs
Breakfast: Remote
Cereal
Lunch PK-5
Pepperoni Pizza
Lunch 6-12
Pepperoni Pizza OR
Chicken Alfredo
Lunch: Remote
Pepperoni Pizza

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Breakfast: PK-5
Breakfast Sandwich
Breakfast: 6-12
Breakfast on a Stick
Breakfast: Remote
Bk Crackers &
Cheese
Lunch PK-5
Mighty Lion Bowl
Lunch 6-12
Mighty Lion Bowl
OR Breaded Pork
Chop
Lunch: Remote
Mighty Lion Bowl

18

Breakfast: PK-5
Waffles
Breakfast: 6-12
Cinnamon Rolls
w/Bacon
Breakfast: Remote
Cereal
Lunch PK-5
BBQ Rib Sandwich
Lunch 6-12
BBQ Rib Sandwich
OR
Potato Bowl
Lunch: Remote
BBQ Rib Sandwich

21

Breakfast: PK-5
Cereal Bar
Breakfast: 6-12
Breakfast Bread Loaf
Breakfast: Remote
Cereal
Lunch PK-5
Fish Sticks
Lunch 6-12
Fish Sticks OR
French Dip
Sandwich
Lunch: Remote
Fish Sticks

22

Breakfast: PK-5
Sausage Kolache
Breakfast: 6-12
Cheesy Toast
Breakfast: Remote
Muffin
Lunch PK-5
Taquito & Queso
Lunch 6-12
Taquito & Queso
OR
Cheese Enchiladas
Lunch: Remote
Taquito & Queso

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Breakfast: PK-5
Breakfast Slider
Breakfast: 6-12
French Toast &
Sausage
Breakfast: Remote
Cereal
Lunch PK-5
Chicken Nuggets
Lunch 6-12
Chicken Nuggets OR
Chicken Fried Steak
Lunch: Remote
Chicken Nuggets

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Breakfast: PK-5
Cocoa Cherry Bar
Breakfast: 6-12
Pancakes & Bacon
Breakfast: Remote
Bk Crackers &
Cheese
Lunch PK-5
Pepperoni Pizza
Lunch 6-12
Pepperoni Pizza
OR Ham & Cheese
Melt
Lunch: Remote
Ham & Cheese Melt

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Breakfast: PK-5
Breakfast Bread
Breakfast: 6-12
Breakfast Burrito
Breakfast: Remote
Cereal
Lunch PK-5
Cheeseburger
Lunch 6-12
Cheeseburger OR
BBQ Pulled Pork
Nachos
Lunch: Remote
Cheeseburger

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Breakfast: PK-5
Crackers & Cheese
Breakfast: 6-12
Kolache & Yogurt
Breakfast: Remote
Cereal
Lunch PK-5
Meatball Sub
Lunch 6-12
Meatball Sub OR
Chicken Spaghetti
Lunch: Remote
Chicken Spaghetti

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Breakfast: PK-5
Pancakes
Breakfast: 6-12
Cheesy Toast
Breakfast: Remote
Muffin
Lunch PK-5
Beef Tacos
Lunch 6-12
Beef or Chicken
Tacos
Lunch: Remote
Beef Tacos

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Breakfast: PK-5
Sausage Kolache
Breakfast: 6-12
French Toast &
Sausage
Breakfast: Remote
Cereal
Lunch PK-5
Popcorn Chicken
Lunch 6-12
Popcorn Chicken OR
Sloppy Joe Sandwich
Lunch: Remote
Popcorn Chicken

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Offered Daily
Breakfast:
Fruit
Fruit Juice
Flavored (K-12 only)
or
Unflavored Milk
Lunch:
Vegetables
Fruit
Flavored (K-12 only)
or
Unflavored Milk

