

# VERNON ISD MENU

## OCTOBER 2020

**Start  
Each Day  
With A  
Healthy  
Breakfast**



**Offered Daily  
Breakfast:**  
Fruit  
Fruit Juice  
Flavored (K-12 only)  
or  
Unflavored Milk  
**Lunch:**  
Vegetables  
Fruit  
Flavored (K-12 only)  
or  
Unflavored Milk

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**Breakfast: PK-5**  
Breakfast Pizza  
**Breakfast: 6-12**  
Breakfast Pizza  
**Breakfast: Remote**  
Bk Crackers &  
Cheese  
**Lunch PK-5**  
Cheese Pizza  
**Lunch 6-12**  
Cheese Pizza OR  
Chicken Parmesan  
**Lunch: Remote**  
Spaghetti

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**Breakfast: PK-5**  
French Toast  
**Breakfast: 6-12**  
Donut Holes &  
Sausage  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Pulled Pork Sandwich  
**Lunch 6-12**  
Popcorn Chicken Salad  
OR Pulled Pork  
Sandwich  
**Lunch: Remote**  
Pulled Pork Sandwich

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**Breakfast: PK-5**  
Cereal Bar  
**Breakfast: 6-12**  
Muffin & Yogurt  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Steak Fingers  
**Lunch 6-12**  
Steak Finger OR  
Roaring Lion  
Meatloaf  
**Lunch: Remote**  
Steak Fingers

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**Breakfast: PK-5**  
Muffin  
**Breakfast: 6-12**  
Pancakes & Bacon  
**Breakfast: Remote**  
Muffin  
**Lunch PK-5**  
Chalupas  
**Lunch 6-12**  
Beef Enchiladas OR  
Chalupas  
**Lunch: Remote**  
Beef Enchiladas

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**Breakfast: PK-5**  
Cocoa Cherry Bar  
**Breakfast: 6-12**  
Breakfast Croissant  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Chicken Tenders  
**Lunch 6-12**  
Chicken Tenders  
OR Cheeseburger  
**Lunch: Remote**  
Cheeseburger

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**Breakfast: PK-5**  
Breakfast Sandwich  
**Breakfast: 6-12**  
Dutch Waffle  
w/Sausage  
**Breakfast: Remote**  
Bk Crackers & Cheese  
**Lunch PK-5**  
Pepperoni Pizza  
**Lunch 6-12**  
Pepperoni Pizza  
OR Spaghetti &  
Meatsauce  
**Lunch: Remote**  
Spaghetti & Meatsauce

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**Breakfast: PK-5**  
Waffles  
**Breakfast: 6-12**  
Breakfast Burrito  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Ham & Cheese Melt  
**Lunch 6-12**  
Ham & Cheese Melt  
OR Western Burger  
**Lunch: Remote**  
Western Burger

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**Breakfast: PK-5**  
Breakfast Round  
**Breakfast: 6-12**  
Breakfast Pizza  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Chili Cheese Dog  
**Lunch 6-12**  
Chili Cheese Dog  
OR  
Chili Cheese Tots  
**Lunch: Remote**  
Chili Cheese Dog

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**Breakfast: PK-5**  
Sausage Kolache  
**Breakfast: 6-12**  
Chicken N Biscuit  
**Breakfast: Remote**  
Muffin  
**Lunch PK-5**  
Chicken Quesadilla  
**Lunch 6-12**  
Chicken Quesadilla  
OR  
Mexican Combo Plate  
**Lunch: Remote**  
Chicken Quesadilla

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**Breakfast: PK-5**  
Breakfast Slider  
**Breakfast: 6-12**  
Biscuit & Gravy w/Eggs  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Boneless Chicken Wings  
**Lunch 6-12**  
Boneless Chicken Wings  
OR  
Stuffed Potato  
**Lunch: Remote**  
Boneless Chicken Wings

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**Breakfast: PK-5**  
Cocoa Cherry Bar  
**Breakfast: 6-12**  
Breakfast on a Stick  
**Breakfast: Remote**  
Bk Crackers &  
Cheese  
**Lunch PK-5**  
French Bread Pizza  
**Lunch 6-12**  
French Bread Pizza  
OR Pepperoni Pasta  
**Lunch: Remote**  
French Bread Pizza

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**Breakfast: PK-5**  
Breakfast Bread  
**Breakfast: 6-12**  
Cinnamon Rolls  
w/Bacon  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Pulled Pork Sliders  
**Lunch 6-12**  
Pulled Pork Sliders  
OR  
Fish Sticks  
**Lunch: Remote**  
Pulled Pork Sliders

**Student  
Holiday**

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**Breakfast: PK-5**  
Pancakes  
**Breakfast: 6-12**  
Cheesy Toast  
**Breakfast: Remote**  
Muffin  
**Lunch PK-5**  
Nachos Grande  
**Lunch 6-12**  
Nachos Grande  
OR  
X-Treme Burrito  
**Lunch: Remote**  
X-Treme Burrito

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**Breakfast: PK-5**  
Sausage Kolache  
**Breakfast: 6-12**  
French Toast & Sausage  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Crispy Chicken  
Sandwich  
**Lunch 6-12**  
Crispy Chicken  
Sandwich OR  
Chicken Fried Steak  
Sandwich  
**Lunch: Remote**  
Crispy Chicken  
Sandwich

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**Breakfast: PK-5**  
Breakfast Pizza  
**Breakfast: 6-12**  
Pancakes & Bacon  
**Breakfast: Remote**  
Bk Crackers &  
Cheese  
**Lunch PK-5**  
Chicken Nuggets  
**Lunch 6-12**  
Chicken Nuggets  
OR  
Hamburger Steak  
**Lunch: Remote**  
Chicken Nuggets

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**Breakfast: PK-5**  
French Toast  
**Breakfast: 6-12**  
Breakfast Burrito  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Pepperoni Pizza  
**Lunch 6-12**  
Cheese Pizza  
OR  
Italian Sub  
**Lunch: Remote**  
Cheese Pizza

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**Breakfast: PK-5**  
Cereal Bar  
**Breakfast: 6-12**  
Kolache & Yogurt  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Steak Fingers  
**Lunch 6-12**  
Steak Fingers  
OR Chicken Tenders  
**Lunch: Remote**  
Steak Fingers

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**Breakfast: PK-5**  
Muffin  
**Breakfast: 6-12**  
Breakfast Taquito  
**Breakfast: Remote**  
Muffin  
**Lunch PK-5**  
Chicken Fajitas  
**Lunch 6-12**  
Chicken Fajitas OR  
Pork Carnitas  
**Lunch: Remote**  
Pork Carnitas

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**Breakfast: PK-5**  
Cocoa Cherry Bar  
**Breakfast: 6-12**  
Waffles & Sausage  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
French Bread Pizza  
**Lunch 6-12**  
French Bread Pizza  
OR  
Chicken Alfredo  
**Lunch: Remote**  
French Bread Pizza

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**Breakfast: PK-5**  
Breakfast Sandwich  
**Breakfast: 6-12**  
Breakfast Pizza  
**Breakfast: Remote**  
Cereal  
**Lunch PK-5**  
Mighty Lion Bowl  
**Lunch 6-12**  
Mighty Lion Bowl  
OR Breaded Pork  
Chop  
**Lunch: Remote**  
Mighty Lion Bowl

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**Breakfast: PK-5**  
Waffles  
**Breakfast: 6-12**  
Donut Holes & Sausage  
**Breakfast: Remote**  
Muffin  
**Lunch PK-5**  
Cheeseburger  
**Lunch 6-12**  
BBQ Pulled Pork  
Nachos OR  
Cheeseburger  
**Lunch: Remote**  
Cheeseburger

**\*Menu subject to change without notice.**

This institution is an equal opportunity provider.