

AR
Woodlawn Elementary School (Woodlawn School District)
6760 Highway 63
Rison AR 71665
870-357-2211

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Woodlawn Elementary School
School LEA Number:	1304014

School Year: 2021-2022

Section II: Needs Assessment

School Health Index Assessment

☒ Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	
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Reviewer Comments:

Body Mass Index (BMI)

Develop a brief narrative of student BMI trends based on the analysis of the data.

According to the Arkansas Center for Health improvement Report, our kindergarten, second, fourth and sixth grade students were screened and received a body mass index score. The overall average of BMI for our campus' students are as follows: Females: 1.47% underweight, 17% overweight, 6.2% obese, 66.4% healthy weight and 17% incomplete tests. Males, 1.14% underweight, 25% overweight, 5.8% obese, 58.78% healthy weight and 9% incomplete tests.

Our health and wellness committee uses this data to address any present needs.

Additional Health Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

During the 2020-2021 school year our campus continued its prior year implementation of breakfast in the classroom. 28,545 breakfast meals were served in the classroom. Additionally, 27,194 lunch meals were served to our elementary students for a total of 55,739 meals served for the school year.

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (**AR Code §6-20-709**).
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Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Goal 1 Measurable Objective

Woodlawn Elementary School creates a healthy nutritional environment by providing all students breakfast in the classroom. Lunch is provided to all students while also following the state standards to educate them on the importance of healthy nutrition each morning in the classroom during breakfast and during health/physical education classes.

Goal 1 Activities

Activity	Person Responsible	Timeline
Woodlawn Elementary provides and meets all federal guidelines for school nutrition. All students are given two healthy food choices each day for lunch and two healthy food choices for breakfast. Woodlawn Elementary provides meals with a process of offerings versus serving which provides more options for children while giving choices to make healthy decisions.	Director of Food Services	August 16, 2021 to May 31, 2022
All classroom teachers and physical education teachers of Woodlawn elementary school follow the appropriate Arkansas Physical Education and Health State Standards. Implementation of the State Standards allows all students to receive a grade appropriate nutrition education.	Principal, K-6 classroom teachers, physical education teacher	August 16, 2021 to May 31, 2022
The Woodlawn School District's representative serves as the district wellness contact. This	Wellness Administrator of School Based Health	August 16, 2021 to May 31, 2022

representative leads the district wellness committees as well as reports to the wellness committees all goals, plan implementation progresses, and outcomes from the improvement efforts of the committee and building staff. All activities are in place to improve the health education and well being of the students in the elementary school. The district representative works to ensure that all district wellness policies are updated and in compliance with the federal and state requirements.		
Our school follows all general requirements for food and beverages in public schools. All food or beverage items during the school day for up to nine (9) different events each annual school year. The items among these 9 items are not to be provided during meal times nor in the areas where school meals are served or consumed. The nine (9) Food dates are submitted to the DESE for review annually.	Principal, wellness committee	August 16, 2021 to May 31, 2022
District wide Woodlawn provides over 20 minutes seat time per meal for student lunch consumption in a pleasant and healthy environment.	Principal, wellness committee	August 16, 2021 to May 31, 2022
Locally grown produce is used as much as possible to promote Child Nutrition Programs including student, community and staff participation. Local produce may include sweet potatoes, tomatoes, cucumbers, zucchini and squash.	Director of Food Services, Principal, wellness committee	August 16, 2021 to May 31, 2022

Reviewer Comments:

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Goal 2 Measurable Objective

Woodlawn Elementary ensures that each student in kindergarten through 6th grade receives 20 to 30 minutes of recess and 40 minutes of Physical Education weekly. Additionally, classroom transitions frequently include leaving our seat to stretch as well as brain breaks. Literacy lessons frequently include hand and arm motions during phonics lessons. Science labs include movement and exploration of the classroom and outside environment as well. Student engagement through coordinated movement is a an expectation.

Goal 2 Activities

Activity	Person Responsible	Timeline
Woodlawn Elementary follows the district policies which are in compliance with federal and state mandates	Principal and wellness committee	August 16, 2021 through May 2022
Every student in Kindergarten through 6th grade receives physical education for a scheduled 40	Principal and wellness committee	August 16, 2021 through May 2022

minutes per week from a certified physical education teacher. Additionally, students received 20-30 minutes per day of recess.		
Scientifically sound, evidence and assessment based, sequential curriculum are used for k-6 physical education.	Principal, classroom teachers, RTI interventionist specialists for both academic and behavior needs, physical education teacher	August 16, 2021 through May 2022
Bases, soccer goals, volleyball nets, basketball backboards, poles, and courts and 4 square are available to students during physical education or recess times.	Principal, physical education teacher	August 16, 2021 through May 2022
The physical education teacher instructs kindergarten through 6th students the rules of volleyball, 4 square, kickball, soccer and basketball during the 2021-2022 school year.	Principal, physical education teacher	August 16, 2021 through May 2022

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students
(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Goal 3 Measurable Objective

Woodlawn elementary endeavors to address the health and safety (whole child) for all our students by systemically addressing these needs through our policies, physical and health educational programs activities, nutrition environment as well as school based health, counseling, social/emotional climate, physical environment, and employee health and wellness.

See below link to Woodlawn Elementary's School Health Index (SHI) Assessment Data

https://docs.google.com/spreadsheets/d/11N8Y_X0Szn0ydG6qFZMe_fvrJ8EHjTII/edit#gid=1402388911

Goal 3 Activities

Activity	Person Responsible	Timeline
Every student in Kindergarten through 6th grade receives physical education for a scheduled 40 minutes per week from a certified physical education teacher. Additionally, students received 20-30 minutes per day of recess.	Principal , physical education teacher,	August 16, 2021 through May 2022
District wide Woodlawn provides over 20 minutes seat time per meal for student lunch consumption in a pleasant and healthy environment.	principal and wellness committee	August 16, 2021 through May 2022
Our school has a registered nurse available	School District nurse,	August 16, 2021 through

during school hours to address the health and wellness needs of all students and employees.	Principal	May 2022
Social emotional curriculum is in place and being taught by our school counselor on a rotational basis. She is pushing in to classrooms and working closely with classroom teachers.	Principal, school counselor, classroom teachers, wellness committee	August 16, 2021 through May 2022
Woodlawn is diligent in ensuring our physical environment is safe and orderly. We employ high quality janitorial and maintenance staff to keep our school in good repair. Also all electronic safety systems such as fire alarms, sprinklers, security cameras, AED defibrillator, etc. are all kept in working order and checked routinely.	principal, maintenance supervisor, janitorial staff	August 16, 2021 through May 2022

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
The LEA provides professional development for school staff that promotes healthy nutrition and physical activity through the guidance of the SEARK Cooperative, DESE, Arkansas IDEAS, LEA staff, monthly faculty meetings, collaborations between the Physical Education and Classroom teachers, and K-12 Culinary collaboratives with the Food Services department to provide Training to staff as needed during monthly staff meetings.	Administration and lead teachers	August 16, 2021 through May 2022

Reviewer Comments:

Reviewer Response:

Reviewer Comments: