

**Celeste ISD
Athletic
CODE OF CONDUCT**

INTRODUCTION

The athletic program is an integral part of the total educational experience for both boys and girls. It offers a variety of sports and activities to all students who have the desire to participate. The policies, procedures and regulations in this handbook are in compliance with school board adopted policy and administrative procedures. This document is designed to provide for a successful experience for students and the efficient operation of the Celeste ISD Athletic Program.

This document supercedes all other publications, except the student code of conduct, governing Celeste Athletic Teams and shall be used by all principals, coaches, and all athletes in grades 7-12. Nothing in the Extracurricular Code limits or otherwise restricts the authority of the coach, sponsor, or appropriate administrator to limit or restrict participation, or assign consequences for offenses not included in this extracurricular code. In addition to the Athletic code of conduct, all CISD athletes will conform to the rules and regulations of the CISD Student Code of Conduct.

The student athlete is accountable and responsible for all rules and requirements contained within this document and for any additional ones that the respective coach might add.

PARTICIPATION

It is the goal of this athletic program to offer the opportunity to participate to every student who has the desire to do so. However, no student is obligated to take part in athletics, nor is participation in athletics required. It is also stressed that participation in Celeste ISD's athletic program is a privilege, not a right. Since it is a privilege, the coaching staff, in accordance with Celeste ISD policy and due process procedures, has the authority to suspend or revoke the privilege when the rules and standards of the CISD Athletic Program are not followed. All athletes will be in the athletic period unless otherwise agreed upon by athletic director and head coach. Parent Conferences will be held by appointment only. Coaches will not discuss playing time but however will discuss ways for improvement.

GENERAL POLICIES: RESPONSIBILITIES OF A CISD ATHLETE

All athletes have the responsibility to give their best, play to win, follow training guidelines, exhibit good conduct and fair play at all times so as to be a credit to their school. Athletes as well as coaches are always on display. We are judged by the company we keep. Our actions in everyday life, both private and public, are a direct reflection on this athletic program and our school.

During competition, an athlete:

1. Learns that both winning and losing are part of the game and learns to accept both. Be modest in victory; gracious in defeat.
2. Does not use illegal tactics in an attempt to defeat the opponent or to beat the rules of the game.
3. Has complete control of himself/herself at all times, whether on the field, sideline, or bench. Horseplay, displays of temper, use of profanity, disrespect for coaches or officials will result in loss of respect for the athlete and in disciplinary action from the coach.
4. Will respect the decision of the officials. The breaks of the game may go against the athlete, but the officiating is not the blame. Officials are human beings who are doing their best to see that the contest is being run smoothly, honestly and conducted in accordance with the established rules.

GENERAL POLICIES: RESPONSIBILITIES OF A CISD ATHLETE (continued)

In the classroom, an athlete:

1. Must realize that he/she is a student first, an athlete second. The student-athlete must give time and energy to classroom studies to ensure good and acceptable grades that meet the UIL requirements for participation.
2. Must maintain satisfactory citizenship and behavior record by giving respectful attention to classroom activities and by treating teachers, administrators, and fellow students with respect. Tardiness, horseplay, and unnecessary talking are unacceptable behavior habits that, if not corrected by the student-athlete, may result in suspension from the program.
3. Must be in attendance the day of a contest in order to be eligible to compete. Any exception to this rule will be decided by the principal, athletic director and head coach.

On campus, an athlete:

1. Must maintain proper dress and appearance, good grooming and personal cleanliness. You are a leader and you have only one chance to make a good first impression.
 - A. Male athletes will refrain from wearing earrings of any kind.
 - B. Students' hair shall be clean, neat and well groomed in appearance and not below the collar. Hair must be kept out of the eyes.
 - C. No facial hair for CISD athletes. D. No visible tattoos.
2. Will refrain from fighting, scuffling, horseplay and juvenile behavior in and around the school building.
3. Suspended athletes from school will not be permitted to work out with, travel with, or participate with the team. Eligibility for subsequent contest(s) will be left to the discretion of the coach and/or administration.
4. Comply with Celeste High School Dress Code.

During the athletic period and during before-or after-school practice, an athlete will:

1. Notify the coach if he/she needs to miss a game or practice session that is scheduled after school hours. Absences from athletic period practices should be handled according to school guidelines. Any absence should be made up before an athlete participates in the first quarter of a contest.
2. Be prompt for roll call. Tardiness to our class period is inexcusable as it is to any other class.
3. Maintain neat and clean locker space. Be proud of your dressing area and keep it neat.
4. Take a shower for hygiene purposes and for aiding the body in its temperature adjustment after workout. Rough horseplay, towel popping, or throwing objects is not allowed in the shower or the dressing room.
5. Dress decently before leaving the dressing room. You will not be allowed to wear practice clothes home. Wear your own clothes home.

During team travel, an athlete will:

1. Travel to and from all out of town contests with the team. If, for some reason, you need to ride home with your parents, you must clear this with the coach before leaving for the contest, and you must give written release from one of your parents to the coach. Under no circumstances will you be released to ride home with anyone other than your parents, unless parent contact has been made with coach from both parties.

GENERAL POLICIES: RESPONSIBILITIES OF A CISD ATHLETE (continued)

During team travel, an athlete will:

1. Dress neatly and properly on all trips. Coaches will define the proper attire. Conduct himself/herself properly on the school bus or in a school vehicle. He/she will follow the printed rules for bus ridership that govern all CISD bus riders.
2. Receive permission from the coach before bringing any radios, electronic games, etc., aboard the bus.
3. Leave the bus spotless and free of trash.
4. Be informed of departure and return times for each trip by a notice posted on the bulletin board or verbal communication. It is your responsibility to be on time for all departures and to inform your parents of the time to be picked up after the contest. Every effort will be made by the coaching staff to notify proper personnel as to unexpected changes in arrival times.
5. Not be allowed to bring parents, family members, or friends on bus trips. Only coaches, managers, and athletes are permitted to ride on the bus.
6. Be engaged while other teammates are participating and show support while watching them

DISCIPLINARY PROCEDURES

Each coach will have the authority, with the concurrence of the athletic director, to suspend or place on probation for an extended period of time, any student-athlete for major or minor infractions of rules for that team. Any student suspended from athletics must be given:

1. Reason for suspension(s)
2. The time and provision of the suspension
3. Procedures for reinstatement back in to the program
4. Opportunity to appeal

APPEAL PROCESS

Students have the right to appeal disciplinary action that results in suspension or dismissal from athletics. The appeal must be conducted with the parents or guardians of the athlete before the Appeals Committee. This committee will consist of the Athletic Director, Head Coach, Principal or principal designee. If the appeal results in reinstatement to the team, guidelines will be established for the participant's return.

OFFENSES

The following prohibited behaviors and consequences apply to athletes at all times, regardless of whether the athlete is on school property or at a school related activity. In addition, our athletes will abide by the student code of conduct as set by the CISD and approved by our board of trustees. Any violation of the student code of conduct that results in AEP placement or expulsion will cause the suspensions or removal from Athletics to be extended for the duration of the AEP placement or expulsion.

1. **Illegal Drugs and Alcohol:** The illegal consumption, use of or possession of alcoholic beverages or illegal drugs is prohibited.
 - A.**First offense:** Suspended from any contest until 20 miles of running has been completed at a pace set by the coach.
 - B.**Second offense:** Suspended for 6 weeks from participating in any athletic event.

- C. **Third offense:** May be removed from athletics or face other disciplinary action.
- 2. **Smoking and Tobacco:** The use or possession of tobacco products is illegal and prohibited.
 - A. **First offense:** 4 miles of running must be completed before next contest.
 - B. **Second offense:** 1 game suspension and 5 miles of running.
 - C. **Third offense:** May be removed athletics or face other disciplinary action.
- 3. **Stealing:** Will not be tolerated.

- A.**First offense:** May be removed from Athletics or face other disciplinary action.
4. **Felony offenses:** any criminal conduct that results in a felony indictment may result in suspension from participating in athletic contest(s). This is not a presumption of guilt; rather it affords the accused athlete the time and opportunity to clear his or her name. The athlete will be on the team as a suspended member. Any student convicted of a felony will be removed from athletics for one year pending a review by the athletic director and administration.
5. **Ejection from a game:** Unacceptable and will not be tolerated.
- A.**First offense:** May face suspension from the next game(s) and other disciplinary action.
- B.**Second offense:** May be removed from athletics or other disciplinary action.

REMOVAL FROM ATHLETICS

An athlete may be removed from athletics for violations of the athletic code. Removal from Athletics because of failure to follow the Athletic Code is for the remainder of the season, the remainder of the school year, or one calendar year. This time period will be determined at the time of removal.

An athlete might also choose to get out of athletics because of lack of interest or to pursue other interests. In any case, an athlete who is not in athletics for spring semester off-season may not be allowed back into athletics the following year, pending a decision allowing the athlete back into the program by the head coach and athletic director.

We do recognize that a student should have time to try a sport out and if it is not what a student wants to do, he/she can stop without loss of privilege. However, there comes a time when the commitment to the team becomes a factor.

With this in mind, a player has a probationary time at the beginning of each sport to decide to play without loss of privilege. Probationary time will be a 14 day window or until the first game/meet. If a player quits after the probationary time he/she will not participate in any sport until he/she has completed 20 miles within a two week period with the coach of the sport he/she quits. If the player fails to complete the 20 miles within the two weeks, they will have to start over. If a player quits two sports, after the grace period, in one school year he/she will be suspended from athletic events for one calendar year from the last date he/she quit. If he/she quits again, they will no longer be allowed in the athletic program.

REINSTATEMENT INTO ATHLETICS

Upon completion of said removal time, reinstatement is only by the Appeal Process.

CONDUCT Not Becoming of Blue Devil (C.N.B.O.B.D)

As stated in our General Policies, athletes are held to a higher standard. In addition, the following behaviors are deemed detrimental and might fundamentally alter the Celeste Athletic Program.

1. Fighting or arguing with teammates.
2. Use of profanity.
3. Dirty play and unsportsmanlike conduct on the field, court, sideline, or bench.

4. Arguing or making contact with an official.
5. Arguing or refusing to comply with a coach's directive.
6. Being disloyal to team, athletic program, and school.
7. Acts of poor sportsmanship and class at home or at another school.
8. Failure to take care of athletic equipment and facilities.
9. Failure to notify coaches when absent from school or practice.
10. Failure to attend tutorials.
11. Failure to comply with CISD school code of conduct

Failure to follow these rules of conduct will result in the following:

- a. **First offense:** Disciplinary action at the discretion of the coach.
- b. **Second offense:** Disciplinary action. (x2) at the discretion of the coach. Parent Contact
- c. **Third offense:** Disciplinary Action. (x2) at the discretion of the coach, Parent conference, possible game(s) suspension
- d. **Fourth offense:** Disciplinary action. (x2) at the discretion of the coach, Parent notification, suspension of game(s). May be removed from team or face other disciplinary action.

ADDITIONAL EXPECTATIONS

Any participant assigned to ISS will be allowed to practice before or after the instructional day. The Athlete will not be allowed to participate in any extracurricular game or contest while assigned to ISS. If the ISS assignment extends beyond the weekend, students will be suspended from participation on the weekend. If students are scheduled to attend a school-sponsored trip, those students will not be able to attend. Any extracurricular participant suspended from school or assigned to the AEP will be ineligible to practice, attend, or participate in any activity during the term of the suspension.

LOCKER ROOM AND EQUIPMENT

Since you will be spending a great deal of time in the locker room, we expect you to keep this facility as neat and sanitary as possible. We want you to take great pride in this facility. We expect each member of our team to adhere to the following locker room guidelines.

1. Hang all equipment in your locker in the proper place. Lock up after practice.
2. Keep all your valuables locked up. Your locker provides a lock for your convenience in storing valuables. (If not, turn valuables in to your Coach. Do not leave valuables out in the open!)
3. Do not throw tape on the floors. Trash receptacles are in our locker room for this purpose.
4. Keep the floors neat and clean.
5. Do not leave cups or bottles in the lockers or on the floors.
6. Do not leave towels on the floor; return to the equipment manager.
7. There will be absolutely no horseplay in the locker room.
8. Do not bring visitors into the locker room without first clearing it with a coach.
9. Remove muddy workout shoes before entering the locker room.

We feel that we provide the finest equipment that money can buy. We want our athletes to always look sharp, take care of all equipment issued. It is extremely important that all equipment that is issued fit properly. This is important for safety reasons. If a piece of equipment does not fit, be sure to see that equipment coach for a change.

EQUIPMENT GUIDELINES

1. Wear all equipment issued unless the practice schedule calls for less.
2. Wear only equipment issued unless approved.
3. Do not put tape on the outside of game uniform.
4. Do not cut jerseys unless given permission.
5. Do not take any equipment from the locker room, especially shoes; they are to be worn during the workouts and games only.
6. Athletes are responsible for all equipment checked out in his/her name.

WEIGHT ROOM RULES

1. Shirt, shoes, and shorts are required in the weight room.

2. Have a spotter present when doing heavy free bar exercises.
3. Do not move weight equipment from its designated area. All weights have a rack where they are to be kept; put them back on this rack in the proper order.
4. The weight room is to lift, not to play tag or other games. Do not distract someone else from her/his workout.
5. No food or drinks are allowed.
6. No horseplay of any kind is allowed.
7. Weight room equipment must stay in the weight room at all times.

LETTER OF ACCEPTANCE

The rules, regulations and standards set forth in this Athletic document are designed to give each athlete a sense of responsibility and pride through membership in CISD's Athletic Program whether on the fields of play, in the classroom, in our community or while visiting another city. Therefore, your signature is your commitment to abide by all rules and regulations set forth in the Athletic document of the CISD Athletic Department, in addition to the specific regulations set forth in this letter. Failure to do so may result in suspension from the team or the athletic program.

I will strive for excellence in all my activities, at all times, while I am a member of CISD's Athletic Program.

I will faithfully abide by the training rules set forth in the Athletic document. I realize that failure to do so may result in probation or suspension (from one week to the entire season), depending upon the coach's/administration's recommendation.

I will abide by the practice schedules and complete my workout each day.

I will personally notify my coach when I cannot attend after school practice, and I will miss only under extreme circumstances.

I will be responsible for the proper care/cleaning of my practice and game clothing.

I will pay for any equipment I am personally responsible for losing, damaging, or destroying.

I have read the Athletic document beginning to end and fully understand my obligations, responsibilities and duties to myself, my parents, my coaches, my school and to my community.

Student Signature: Date _____

A NOTE TO PARENTS OF Celeste ISD ATHLETICS

This is to certify that as a parent/guardian, I have read this manual and am aware of all rules, requirements and operational procedures concerning the Celeste ISD Athletic Department.

We ask you to assist us, as your athlete's coaches, to see that his/her experience in our athletic program is a worthwhile, rewarding part of the school years. Therefore, we ask you to take the time to read the athletic document and the above pledges so that you will realize what is expected of the athletes while they are representing our school and help them to adhere to these standards. Thank you for your cooperation and support. **Please keep document and return only this letter of acceptance and support.**

Parent/Guardian Signature Date

Please sign and return this page.

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