

**BREAKFAST**

**APRIL 2019**  
BES, RMS, RHS

Menu Subject to change WITHOUT Notice!!!

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1

**\*\*Breakfast Bread**  
**\*Protein Choice**

**Head Start:** Chips & Salsa

2

**\*\*Dutch Waffle**  
**\*Protein Choice**

**Head Start:** Cheese & Crackers

3

**No School**  
**Teacher In-Service**

**Have a great day!**

4

**\*\*Pancake Bites**  
**\*Protein Choice**

**Head Start:** Apple Slices

5

**\*\*Breakfast Bar-cold**  
**\*Protein Choice**

8

**\*\*Breakfast Bread**  
**\*Protein Choice**

**Head Start:** Goldfish Crackers

9

**\*\*Ham, Egg & Cheese Bar**  
**\*Protein Choice**

**Head Start:** Grapes

10

**\*\*Toast & Cereal**  
**\*Protein Choice**

**Head Start:** Pretzels & Cheese

11

**\*\*Breakfast Tornado**  
**\*Protein Choice**

**Head Start:** Chips & Bean Dip

12

**\*\*Cinnamon Roll**  
**\*Protein Choice**

15

**\*\*Breakfast Bread**  
**\*Protein Choice**

**Head Start:** Chex Mix

16

**\*\*Waffle**  
**Chicken Nuggets**

**Head Start:** Fruit Kabob

17

**\*\*Toast & Cereal**  
**\*Protein Choice**

**Head Start:** Orange Wedges

18

**\*\*French Toast Bites**  
**\*Protein Choice**

**Head Start:** Chips & Salsa

19

**No School**  
**Good Friday**

**Have a great weekend!!!**

22

**\*\*Breakfast Bread**  
**\*Protein Choice**

**Head Start:** Animal Crackers

23

**\*\*Biscuit & Gravy**  
**Sausage Patty**

**Head Start:** Apple Slices

24

**\*\*Toast & Cereal**  
**\*Protein Choice**

**Head Start:** Veggies & Dip

25

**Breakfast Burrito**

**Head Start:** Strawberry Chex Mix

26

**\*\*Breakfast Pizza**  
**\*Protein Choice**

29

**\*\*Breakfast Bread**  
**\*Protein Choice**

**Head Start:** Apple & Yogurt

30

**\*\*Dutch Waffle**  
**\*Protein Choice**

**Head Start:** Cheese Stick

\*\*Students may choose **WG Donuts, WG Pop Tart or WG Cereal** instead of Main Dish Item  
\*Protein Choice will be choice of: **Cheese Stick, Cottage Cheese, Hard Boiled Egg or Yogurt Item.**

All grain items are Whole Grain Rich.

Fruit, Juice & Ice Cold Milk are offered daily with breakfast.

This institution is an equal opportunity employer.

