

For Immediate Release

Forrest City School District Celebrates National School Lunch Week

“WILD About School Lunch” Campaign highlights #NSLW21

Forrest City, AR – October 8, 2021 – To recognize the National School Lunch Program, serving nearly 30 million children each day, the Forrest City School District will celebrate National School Lunch Week from October 11-15, 2021. The fun and creative campaign theme, **“WILD About School Lunch”** highlights the importance of a healthy school lunch to a student’s success both in and out of the classroom.

Recent [research](#) shows children are getting their healthiest meals at school. National School Lunch Week will highlight the nutritious foods available daily at the district’s schools. Nutrition Education is being taught in the district’s Physical Education classes to promote better snacking and healthy eating habits.

“School lunches offer students fruits and vegetables, whole grains and milk, and meet federal nutrition standards limiting fat, calories and sodium,” said Cynthia Gammon, Child Nutrition Director. National School Lunch Week helps us educate parents and students about all the wonderful benefits of our lunch program, and the variety of choices we offer daily. To reach as many students as we can, our department is making sure that nutritious meals are available to students in the district who have been approved to learn virtually. All students in our district can eat lunch at no charge. This week is a great time to give school lunch a try.”

The federally-funded National School Lunch Program (NSLP) has been fueling students for success for 75 years.

The **“WILD About School Lunch”** campaign is made possible by the nonprofit School Nutrition Association and Kellogg’s. Parents and students can follow the fun using the hashtags #NSLW21, #WILDSchoolLunch and #SchoolLunch. For more information on National School Lunch Week, visit <https://schoolnutrition.org/nslw/>.



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