

For Immediate Release

Forrest City School District Celebrates National School Lunch Week

“Lots 2 Love” during #NSLW18

(FORREST CITY, AR) – October 10, 2018 – To recognize the National School Lunch Program and the 30 million children it serves every day, Forrest City Schools will recognize National School Lunch Week from October 15-19, 2018. The theme, **“School Lunch Lots 2 Love,”** encourages students and school nutrition professionals across the country to share what they love most about school lunch programs.

Each school will have contests and other activities planned for students to boost excitement for the celebration and lunch participation. Prizes will be awarded to winners at each school.

“One of the things that I **love** about school lunches is that they are healthier than ever, with more fruits and vegetables, whole grains, and less fat and sodium,” said Cynthia Gammon, Child Nutrition Director. “National School Lunch Week helps us educate parents and students about all the benefits of our lunch program, and the appealing choices we offer. Managers have selected to offer some of our students’ favorite menus during National School Lunch Week. Members of the community are invited to have lunch at any school in the district for a nominal price of \$3.65.”

The federally-funded National School Lunch Program (NSLP) provides nutritionally balanced, healthy meals to students every day. The program, which has been serving the nation’s children for more than 70 years, requires school meals to meet federal nutrition standards like offering fruits and vegetables every day, serving whole grain-rich foods, and limiting fat, calories, and sodium.

The **“Lots 2 Love”** campaign is made possible by the nonprofit School Nutrition Association. Parents and students can follow the fun using the hashtags #NSLW18, #SchoolLunch, and #Lots2Love. For more information on National School Lunch Week, visit <https://schoolnutrition.org/nslw/>.



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