

**VALLEY VIEW ISD**  
**SCHOOL HEALTH ADVISORY COUNCIL MINUTES**  
**OCTOBER 25, 2017**

**Attending**

Members: Jesse Newton (Administrator), Penny Green (PE Teacher), Amanda Ford (Nurse), Kristy Holt (Food Services), Meagan Mihalyi (Parent), Leslie Schniederjan (Parent), Cheryl Isbell (Parent), Kelley Parker (Parent), Amy Ferris (Parent)

Non-members: Becky Robinson (Food Services), Hillary Terry (Administrator), Susan Smith (Administrator)

**Agenda Items**

1. The minutes for the previous meeting on March 8, 2017 were read and approved.
2. Kristy Holt presented the cafeteria services update.
  - There will be a review of the VVUSD cafeteria services conducted by the Texas Department of Agriculture on November 16.
  - Stickers and flash cards promoting the My Plate program are being distributed to Kindergarten students to help educate them on proper nutrition.
  - Taste Test Thursday's are being implemented to encourage students to try healthy foods. Prizes such as pencils will be given for students willing to participate.
  - Sack lunches will be provided on the early release days for all students. They will have positive messages promoting nutrition, bus safety, etc.
  - Nutritional Nuggets will be posted on the school website to encourage students and families to eat healthy.
  - Meals will be given holiday themes such as "blood oranges" and Frankenstien pudding" for Halloween.
  - The Summer Feed Program was started this past summer and provided the opportunity for student-aged children in the community to have a free breakfast and /or lunch.
  - The committee discussed ways to better distribute snacks provided through the food program for students at the end of the school day.
3. Amanda Ford presented the health services update
  - The recent blood drive on October 10<sup>th</sup> conducted at the school by Texoma Regional Blood Center in honor of Jerry Headrick resulted in 22 units of blood being collected.
  - Over 60 shots were given at the recent flu shot clinic held at the school on October 11<sup>th</sup>.
  - Mass screenings for Vision, Hearing, Acanthosis Nicricans are coming up for students in PK, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> grades soon.
  - Spinal screening for 5<sup>th</sup> and 8<sup>th</sup> grade students will be conducted soon as well.
  - The district will be undergoing an audit from the Department of State Health Services soon. As of October 25, there are only two students who are incompliant with their

vaccination records. The district has been in contact with parents of both students and the records are expected to be updated very soon.

- The committee discussed the idea of having a vaccination clinic held by the Valley View Family Medical Clinic for incoming 7<sup>th</sup> grade students in the spring.
  - The Masonic Lodge sponsored a dental presentation for first graders in September.
  - Local dentists have been contacted to promote Dental Health throughout the year for students in PK-8<sup>th</sup> grade.
4. Penny Green presented the physical education update.
    - The elementary gym now has padded walls for extra safety.
    - Skate week for the elementary students recently concluded successfully.
    - Players in Progress (PiPs) will be starting soon and will practice after school once per week. This is for PK-6<sup>th</sup> grade students.
    - Jesse Newton mentioned that 5<sup>th</sup>/6<sup>th</sup> PE has improved due to adding an extra teacher to provide better structure and more creative activities. Health TEKS for these students are being addressed during this time as well.
  5. Jesse Newton and Susan Smith updated the committee on educational programs.
    - Volunteers from the Valley View United Methodist church are helping students with reading through the One-Step program.
    - The elementary also has students who need reading help working with a therapy dog.
    - The elementary and middle school counselors have been educating students from both campuses about bullying.
    - Volunteers from Abigail's Arms are once again presenting the Break the Box program to 7<sup>th</sup> grade students which teaches and promotes respect for self and others.
      - Kelley Parker mentioned that it would have been helpful if the letter the school sent for the program had more information.
    - CPR instruction will be given to the 8<sup>th</sup> graders soon. The seniors will be given instruction during the spring semester as well to fulfill state requirements.
  6. The committee reviewed the current wellness plan's goals and objectives.
  7. Meagan Mihalyi mentioned that the Valley View Family Medical Clinic might be willing to conduct monthly stress reduction seminars for teachers on a monthly basis.
  8. The meeting was adjourned by mutual consent.