

Valley View ISD
School Health Advisory Council
Annual Board Report 2018

A SHAC is a school district created advisory group. Members of the SHAC come from different areas of the community and school district. Texas law (Texas Education Code, Title 2, Chapter 28, §28.004) requires the establishment of a SHAC for every school district. The job of the SHAC is to make sure that the school district's school health programs reflect local community values.

SHAC Members: Jesse Newton (Administrator/Co-Chairperson), Amy Ferris (Parent/Co-Chairperson), Kenna Elles (Counselor), Penny Green (PE Teacher), Amanda Ford (Health Services), Kristy Holt (Food Services), Meagan Mihalyi (Parent), Leslie Schniederjan (Parent), Cheryl Isbell (Parent), Kelley Parker (Parent)

SHAC Meeting Dates: October 25, 2017 and April 25, 2018

The SHAC receives updates for the following areas during each meeting: Cafeteria Services, Student Health Services, Physical Education, and Educational Programs. Highlights are presented below.

Cafeteria Services

- The Texas Department of Agriculture conducted an audit of the cafeteria during the fall and it went well.
- Taste Test Days were implemented successfully to encourage students to try healthy foods.
- The Summer Feed Program was started this past summer and provided the opportunity for student-aged children in the community to have a free breakfast, lunch, and afternoon snack. It will be offered again this summer beginning on June 4.

Health Services

- The Department of Health Services conducted an audit over immunization compliance during the fall. The district received a score of 99%, with the only blemish related to an incorrectly notarized form.
- The district hosted two successful blood drives this year that were sponsored by Texoma Regional Blood Center.
- The district hosted a flu shot clinic in October with over 60 shots given.
- The Valley View Family Medical Clinic will conduct an immunization clinic in August to make sure that incoming students have met state requirements. This will be advertised through letters to parents, on the school website, and on the school Facebook pages.

Physical Education

- The Elementary Gym had padded walls added to increase student safety.
- An extra teacher was added to the 5th and 6th grade PE classes to improve instruction.

Educational Programs

- Students at the Elementary and Middle school campuses were educated about bullying prevention.
- Volunteers from Abigail's Arms presented the Break the Box program to the 7th graders. The program teaches and promotes respect for self and others.
- The North Texas Poison Control Center made a presentation to the 6th-8th graders about the dangers of drugs and poisons.
- Area dentists educated students from the Elementary and Middle School campuses about proper dental care.

The committee reviewed the Wellness Plan and the district's goals and objectives at each meeting. All goals and objectives were met for the 2017-18 school year.

Information related to the SHAC can be found @www.vvisd.net under the Wellness page. This includes meeting minutes and copies of the district's wellness policy and plan.