

WORTHAM INDEPENDENT SCHOOL DISTRICT

A Friendly Reminder From The School Nurse

Knowing whether a child is well enough to go to school can be tough for any parent. With State rules requiring students to be excluded from school for certain illnesses and certain periods of time, it is important that initial monitoring of symptoms begin at home.

A child who is sick will not be able to perform well in school and is likely to spread illnesses to other children and staff. Students who are truly sick will heal more quickly when they are able to rest properly at home while maintaining a healthy diet and staying well hydrated.

For the safety and protection of all students, the following guidelines must be enforced and met in order for your child to attend school:

- **Fever:** If your child's temperature is 100° or greater, they must be kept home from school. In order to return to school, they must be fever-free (without the use of fever reducing medication) for 24 hours.
- **Vomiting/Diarrhea:** Your child may return when they have gone 24 hours without vomiting or diarrhea.
- **Severe Cough/Cold Symptoms:** Your child should remain home if symptoms are serious enough to interfere with your child's learning.
- **Impetigo:** Your child must remain home until receiving 48 hours of antibiotic therapy and sores are not long draining.
- **Strep Throat/Scarlet Fever:** Keep your child home until they received a full 24 hours of antibiotic therapy and fever/vomiting/diarrhea requirements are met.
- **Signs & Symptoms of COVID-19:** Consult with a medical professional regarding school participation and symptoms.
- **Head Lice:** Your child must be lice/nit free with verification from school nurse.

*(*Please contact the School Nurse or visit the School Nurse Webpage for complete list of excludable conditions)*

If your child becomes sick at school and is determined to be too ill to remain or is possibly contagious to other students, they are expected to be picked up as soon as possible after you are notified. If you are unable to pick up your child when notified, it is the responsibility of the parent/guardian to make arrangements for another responsible person to act on their behalf.

Please keep in mind that your child may experience other symptoms, behaviors or conditions that don't require them to be absent but that keep them or other students from effectively participating in the educational process. If the school nurse determines any of these symptoms, behaviors or conditions are a health/hygiene concern, you will be notified to pick your child up.

Please feel free to contact me with any questions/concerns. If your daytime or emergency phone number changes during the year, please notify the school immediately.

Reagan Bates, LVN

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Wortham ISD
School Nurse