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|  **AVINGER ISD** |
| **Good Eats at Avinger School** |  **September\_\_\_\_2021** |
| All students are offered a complete meal. To include the 5 food groups: Protein, Dairy, Vegetables, Fruit and GrainFlavored Fat Free Milk 1% White Milk Offered Everyday Avinger ISD is an equal opportunity provider.  |  **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  |  |  **1****Muffins, Pears****Chicken Nuggets, Green Beans, Carrots, Roll,Fruit Cocktail**  |  **2****Donuts, Peaches****Hamburger, French Fries, Side Salad, Strawberries**  |  **3****Fab Friday** |
| **SPECIAL ANNOUNCEMENTS** **Labor Day 6th****Fab Friday 3 & 24****2nd Six Weeks****9/27 - 11/4 (24 Days)**  |  **6****Labor Day** |  **7****Pancakes, Fruit Cocktail****Corn Dogs, Cauliflower , Sweet Potato Puffs, Apples** |  **8****Bagels, Pears****Mandarin Orange Chicken, Noodles, Cooked Carrots, Broccoli, Mandarin Oranges** |  **9****Cereal, Toast, Applesauce****BBQ Sandwich, Chips, Baked Beans, Fresh Fruit** |  **10****Cinnamon Roll, Diced Peaches****Pizza, Side Salad, Corn, Pineapples** |
|  **13****Pop Tarts, Fruit Cocktail****Chicken Strips, Mashed Potato, Carrots, Roll, Jello**  |  **14****Chicken Biscuit, Pears****Burrito, Chili Beans, Mexican Corn,Tropical Fruit** |  **15****Donuts, Peaches****Salisbury Steak, Scalloped Potato, Green Beans, Roll, Oranges**  |  **16****Cereal, Toast, Pears****Spaghetti/Meatballs, Garlic Bread, Side Salad, Corn, Fruit Cocktail**  |  **17****Muffins, Applesauce****Chicken Burger, French Fries, Side Salad, Fresh Fruit**  |
|  **20****Breakfast Pizza, Pineapples****Steak Fingers, Mashed Potato, Peas, Roll, Mandarin Oranges**  |  **21****Honey Buns, Peaches****Chili Dogs, Baked Beans, Chips, Tropical Fruit** |  **22****Bagels, Pears****Sweet and Sour Chicken, Noodles Cooked Carrots, Broccoli, Applesauces**  |  **23****Mini Waffles, Fruit Cocktail****Hamburgers, French Fries, Side Salad, Cookie** |  **24****Fab Friday** |
|  **27****Pancakes, Pears****Corn Dogs, Tater Tots , Baby Carrots, Tropical Fruit** |  **28****Donuts, Peaches****Tacos, Side Salad, Refried Beans, Jello** |  **29****Breakfast Taco, Fruit Cocktail****Chicken Nuggets, Mashed Potato, Cooked Broccoli, Roll, Applesauce**  |  **30****Muffins, Pears****Pizza, Corn, Side Salad, Pineapple** |  |
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