



# Central Heights Independent School District

"DEDICATED TO EXCELLENCE"

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April 3, 2020

This communication is to inform you that my office has received notice that an individual employed in our Food Service Department has tested positive for the COVID-19 virus. The employee was among the individuals preparing meals for daily distribution, as recent as March 25<sup>th</sup>, 2020. Upon receipt of the notification, all meal service was suspended pending further direction from local health officials. We are hopeful that we can continue our meal service in the near future.

The employee and all co-workers potentially exposed are following CDC guidelines and monitoring their health in self isolation. The District is coordinating closely with public health officials and following CDC, state and local health guidance in order to assure the health and safety of our community.

During food preparation, all state and federal regulations were followed. Extreme caution was taken to ensure our food service employees were wearing appropriate personal protective equipment, implemented social distancing and exercised frequent sanitation measures. As such, the Health Department has advised that the risk of someone contracting COVID-19 from our food service worker is low. Nonetheless, we are notifying our school community of the positive test result in an abundance of caution.

**In the event that you or a family member retrieved a meal from the CHISD meal pickup line in the last 14 days, you should adhere to the following protocol at this time: monitor your temperature twice a day for the next 14 days. If you exhibit any of the following symptoms specified by the U.S. Department of Health and Human Services, such as fever, coughing, and shortness of breath, contact your healthcare provider.**

Certainly, please continue to practice all other safeguards outlined by our public health officials such as:

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food or hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, your arm.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.

The health and safety of our community always remains our top priority and we appreciate your cooperation as we work through these challenges as a Blue Devil family.

Sincerely,

A handwritten signature in cursive script that reads "David Russell". The signature is written in black ink and is positioned below the word "Sincerely,".

David Russell  
Superintendent