

UNDERSTANDING THE RISKS FORM

Athlete's Name _____

I understand that sports can be inherently dangerous activities and that there are genuine and real serious risks to anyone who engages in these activities

I knowingly assume responsibility for any and all such risks and any and all resulting injuries. And I do hereby voluntarily choose to participate in this event in spite of the risks.

Furthermore, I attest that I am physically fit and have sufficiently trained for this event. I do not have any medical record or history that could be aggravated by my participation in this activity.

My signature below indicates I have read this entire document, understood it completely and agree to be bound by its terms.

Printed Name _____

Address _____

Phone _____

Parent/Guardian Signature _____

Date _____