

JANUARY 2021 MENU

High School

World Cuisine

Mondays- A Tour of Italy

Popular Italian Dishes with a Salad Bar

Tuesdays- Taste of the Orient

Popular Asian Chicken Options with Fried Rice & Egg Rolls

Wednesdays- Go USA!

Homemade Hamburgers on Homemade Buns with your choice of cheese and toppings!

Thursdays- Mexican Flair!

Create your own Mexican Bowl, Burrito, or Nachos

Fridays- Dippin' Strips

Steak Strips or Chicken Strips - Spicy or Original with Fries and your choice of dipping sauces

Monday	Tuesday	Wednesday	Thursday	Friday
4 <i>Enjoy Your Day Off!</i>	5 Build your own Nachos or Burger Homemade Salsa Lettuce & Tomatoes Spanish Rice Refried Beans Tropical Pineapple	6 Meatball Subs or Pizza Cucumber Nachos Winter Blend Steamed Vegetables Mixed Fruit	7 Country Bowl with Creamy Mashed Potatoes and Seasoned Corn or Popcorn Chicken Bucket or Burger Seasoned Corn Hot Roll Color-filled Apple Sauce	8 Chicken Strip Sandwich or Cheese Burger Basket with Fries or Pizza Lettuce, Pickles, & Tomatoes Choice of Fresh Fruit
11 Stuffed Baked Potato with Hot Roll or Corn Dog or Pizza Steamed Broccoli Fruit Cup	12 Tamales or Crispito or Burger Lettuce & Tomato Homemade Salsa Pinto Beans Spanish Rice Fruit Salad	13 Spaganza with Garlic Toast or Pizza Green Beans Fruit Cup	14 Chicken Fried Steak or Chicken Nuggets Hot Roll or Burger Creamy Mashed Potatoes Steamed Vegetables Banana Sundaes	15 <i>Enjoy Your Day Off!</i>
18 <i>Enjoy Your Day Off!</i>	19 Build your own Tacos or Burger Homemade Salsa Lettuce & Tomatoes Spanish Rice Refried Beans Fruit Cup	20 Chicken Parmesan with Bread Stick or Pizza Seasoned Vegetables Fruit Cup	21 Homemade Hamburger Steak with Brown Gravy or Baked Chicken Hot Roll or Burger Creamy Mashed Potatoes Seasoned Green Beans Rainbow Pears	22 Chopped BBQ on Bun or Chicken Sandwich Basket or Pizza Lettuce, Pickles, Tomatoes, & Onions Choice of Fresh Fruit
25 Soup & Sandwich with Choice of Chips or Pizza Sandwich Fixings Seasoned Vegetables Fruit Salad	26 Build your own Nachos or Burger Homemade Salsa Lettuce & Tomatoes Spanish Rice Pinto Beans Pineapple Fluff	27 Spaghetti with Meat Sauce and Garlic Stick or Pizza Seasoned Corn Fruit Cup	28 Meatloaf or Popcorn Chicken with Hot Roll or Burger Creamy Mashed Potato Seasoned Green Beans Peach Crisp	29 Chicken Sandwich or Cheese Burger Basket or Pizza Lettuce, Pickles, & Tomatoes Choice of Fresh Fruit

Every lunch also includes a choice of milk, chef salad, and an uncrustable grab & go.

Breakfast

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 & 3	Breakfast Pizza	Yogurt Parfait & Scoobie Doos	Waffles	Eggs w/ Bacon or Sausage	Breakfast Tornado
Week 2 & 4	Donut Shop	Pig in a Blanket	Biscuits & Gravy	Pancake on a Stick	Breakfast Sweet Roll

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