



Stop the Spread!

Flu season is upon us and it is through a cooperative effort that we are able to provide a healthy and safe environment for all students and school employees.

The best prevention for spread of the flu is:

- FREQUENT HANDWASHING
- COUGH OR SNEEZE IN YOUR SLEEVE
- STAY HOME IF YOU ARE SICK

Do **NOT** send your child to school if they have any symptoms of the flu! Symptoms of the flu may include but are not limited to:

FEVER
BODY ACHES OR JOINT PAIN
HEADACHES
NAUSEA/VOMITING
EXTREME FATIGUE
SORE THROAT
FREQUENT COUGH/SNEEZING/CONGESTION

District policy state that students may not return to school until they have been

- Symptom-free for 24 consecutive hours,
- Without the use of fever-reducing medication.

Please adhere to this policy and help us keep our students and staff well.