

**BREAKFAST**

**OCTOBER 2018**  
RAINS ISD

BREAKFAST MENU  
K-2  
INTERMEDIATE  
JH & HIGH SCHOOL

**Monday**

**1** BREAKFAST PIZZA  
JUICE  
MILK  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX

**8** NO SCHOOL  
COLUMBS DAY

**15** BLUEBERRY MUFFIN  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**22** BREAKFAST PIZZA  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**29** BANANA NUT MUFFIN  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**Tuesday**

**2** SAUSAGE/EGG/  
CHEESE BISCUIT  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**9** BREAKFAST BAGEL  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**16** CINNAMON ROLLS  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**23** SAUSAGE BISCUIT  
JELLY  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**30** SAUSAGE/EGG  
CHEESE BISCUIT  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**Wednesday**

**3** BLUEBERRY MUFFIN  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**10** FRENCH TOAST STICKS  
SYRUP  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**17** DONUT HOLES  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**24** APPLE FRUDEL STICK  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**31** GLAZED DONUTS  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK  
HAPPY HALLOWEEN!!!

**Thursday**

**4** PANCAKES  
SYRUP  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**11** BREAKFAST BURRITO  
SALSA  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**18** PANCAKES  
SYRUP  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**25** BREAKFAST TACO  
SALSA  
CEREA, ASSORTED  
YOGURT BOX  
PB&J BOX  
JUICE  
MILK

**Friday**

**5** SAUSAGE  
SCRAMBLED EGGS  
BISCUIT  
GRAVY  
JUICE  
MILK

**12** SAUSAGE  
SCRAMBLED EGGS  
BISCUIT  
GRAVY  
JUICE  
MILK

**19** SAUSAGE  
SCRAMBLED EGGS  
BISCUIT  
GRAVY  
JUICE  
MILK

**26** SAUSAGE  
SCRAMBLED EGGS  
BISCUIT  
GRAVY  
JUICE  
MILK

DON'T FORGET NO SCHOOL OCTOBER 8<sup>TH</sup>!!!!

