

Daily Learning Planner

*Ideas parents can use to help children
do well in school.*

Pine Ridge Elementary



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Help your child set a goal and write down a plan to achieve it.
- 2. Make a list with your child of activities you enjoyed together during the past year. Schedule time on the calendar to do some of them this year.
- 3. Pick a category (animals, sports) and a letter. How many items from that category can your child think of that begin with that letter?
- 4. Ask your child, "What's the coldest place in the nation today? The warmest? What's the temperature difference between the two?"
- 5. Decorate a shoebox to make a treasure chest. Fill it with small treats. Hide it for a family treasure hunt.
- 6. Tonight at dinner, put a "price" on each item you serve. Have your child figure out the "cost" of the meal.
- 7. Have a big job to finish? Look for five free minutes and get started. Small chunks of time add up, and you'll set a great example for your child.
- 8. Decide as a family on something special to save for.
- 9. Have your child think of several words that start with the same letter, then use them in a sentence that makes sense.
- 10. Have a family sing-along. Have each person share a favorite song!
- 11. Help your child look up events that occurred on this day in history.
- 12. Challenge your child to put away $1 + 3 + 2 - 4 + 1$ things in her room.
- 13. Watch the news with your child. Locate a place mentioned on a map.
- 14. Resist the urge to overschedule your child. Kids need "downtime" to think, imagine and play.
- 15. Teach your child about resolving conflicts. Explain how people reach compromises. Give an example.
- 16. Take a walk with your child. Note the seasonal changes.
- 17. Label four sheets of paper: Spring, Summer, Fall and Winter. Have your child write descriptive words for each season.
- 18. Honor Martin Luther King, Jr.'s life. Talk with your child about prejudice.
- 19. Encourage your child to write a letter or an email to a friend.
- 20. At dinner, have family members tell about the books they are reading.
- 21. With your child, learn how to count to 10 in three different languages.
- 22. Feed the birds. Ask your child to count the varieties of birds he sees.
- 23. Check out a book from the library about simple experiments you and your child can try at home. Try one today.
- 24. Encourage your child to start a diary or journal this year.
- 25. Choose a poem to read aloud to your child. With your feet, stomp syllables as you read.
- 26. At the store, ask your child to figure how much change you should get from your purchase.
- 27. Plan an indoor family "camp-out." Make a tent from a blanket. Eat s'mores. Read scary stories.
- 28. Let your child help you make a fruit salad. Include an unfamiliar fruit.
- 29. Help your child make a dictionary of spelling or vocabulary words.
- 30. Look through your house with your child. Make a list of everything that comes from plants.
- 31. At dinner, have everyone tell one thing they learned today.



Helping Children Learn
TIPS FAMILIES CAN USE TO HELP CHILDREN DO BETTER IN SCHOOL

