

November 6, 2018

The School Health Advisory Council (SHAC) meeting was called to order by Lana Smith at 9:05 a.m.

The following were in attendance:

Bridgett Tisdale - SFE
Kristin Boddie - PRE Nurse
Tamara Morris - LIS Counselor
Barbara Watyers - TCE retired
Ruth Wright - LJH A-P
Jennifer Birdwell - LISD Admin

Krissa Bass - Community member
Melanie Justice - LIS PE Teacher
Kyeisha Foreman - ADAC/PRCS
Kali Laird - LHS - Health Science Teacher - HOSA advisor
Kelly Bradley - DSHS
Lana Smith - SHAC Coordinator/LHS Academy Principal
Pam DuBose - Intermediate Nurse

Livingston Intermediate Students PE Students were introduced by Coach Melanie Justice. Jayden Justice and Drake Valdez led a presentation on the "Fuel Up to Play 60" program at Livingston Intermediate. Students are encouraged to each healthy and play a minimum of 60 minutes each day.

Kali Laird, LHS Health Science teacher, and HOSA advisor shared information about the medical related courses offered at Livingston High School in the Career and Technical Education department. Her students taking Health Science will receive Heartsaver Training which includes CPR and AED. Once LHS students graduate, after completion of the Health Science course, they will not have to complete a CPR course only a refresher course. Nurse Laird shared with the group that every LHS senior must have a CPR knowledge training on their transcript to graduate. Plans for the student health organization HOSA will be to travel to LJH and spend a day in CPR knowledge training which includes watching someone perform CPR. Future Health Care Professionals (HOSA) competes in Health Care Events which include two parts - online and skills. The competitions allow students to win scholarships. Last year was the first year that LHS had a HOSA organization and there were twenty members. This year the membership has grown to 66 students, and they are anticipated a record 100 students to join next school year. There are also plans to set up a chapter at Livingston Junior High. The Health students are paired up with the local hospital CHI St. Luke's to conduct clinicals. Students can watch live surgery. They scrub in and observe only. They work in radiology and labs and gain floor training by following nurses. This is a wonderful opportunity for students to a preview to jobs in Health Science careers. Last year the students toured a health museum. Pharmacy Tech is being offered at LHS this year to juniors and seniors. When students complete the course, they have an opportunity to sit for the exam. The Pharmacy Tech certification gives students an opportunity of a starting wage of \$15 per hour. If they add the certification to mix sterile compounding IV's by taking the Compounding License exam, it will allow another increase in pay. Clinicals will be offered to the Pharmacy Tech students at local pharmacies and at CHI st. Luke's hospitat There are currently twenty students in the math portion of the program where they use Kadaceus online to assist with the curriculum. There are several other courses offered at LHS in the medical field including Medical Terms, Health Science Theory, and Certified Nurses Assistant.

Brigett Tisdale with SFE presented the results of the Audit. Both Breakfast and lunch was reviewed at Livingston High School and lunch at Livingston Intermediate School was also reviewed. There were zero findings after the audit was conducted. She also shared the dates for the Thanksgiving Feast at each campus.

Information was shared about the Lions Club Vision Screening at the elementary campuses. The registration form was distributed for the City of Livingston Jingle Bell Run.

The Red Ribbon events were held at Cedar Grove, Pine Ridge and Timber Creek Elementary campuses and Livingston Intermediate School. The parenting courses for Love and Logic will be held at Livingston Intermediate School for six weeks beginning Wednesday, Feb. 6 from 9:00 a.m. - 10:45 a.m. The parenting courses help with activities, strategies and intervention on how to prevent or deal with difficult situations.

Kyeisha Foreman with Region 5 Prevention Resource Center in Lufkin distributed a brochure that offered services for treatment for alcohol or drug treatments. She reminded everyone that Nov. 15 is the Great American Smokeout and December 8 at 8 am is the Reindeer Run at the Ellen Trout Zoo. Registration at 7:30 a.m. and race begins at 8 am.

The meeting was adjourned at 10:03 a.m. and the next SHAC meeting will be held on February 5, 2019.