

March 21, 2018

The School Health Advisory Council (SHAC) meeting was called to order by Lana Smith at 9:05 a.m.

The following were in attendance:

Lana Smith - *LHS Academy Principal and SHAC Coordinator*  
Kimberly Hughes - *Health Center Southeast Texas*  
Gail Wright - *PATH Partners Resource Network*  
Rusti Garcia - *PRE PTO President, House of Mary, COH, Kindred Hospice*  
Ruth Wright - *Livingston Junior High Assistant Principal*  
Melanie Justice - *Livingston Intermediate School PE Teacher*  
Kristin Boddie - *Pine Ridge Elementary Nurse*  
Whitney Haynes - *Pine Ridge Elementary Counselor*  
Jennifer Birdwell - *LISD Communications Director*  
Karen Maxey - *DAEP Principal*  
Kathryn Pedigo - *LHS Counselor*

Lana distributed and reviewed the minutes from the February 14, 2018 meeting. She reminded everyone about Texas Lions Camp and encouraged applicants to be directed to campus nurses.

Jennifer mentioned that the TRS ActiveCare participants are eligible to join a wellness challenge called Shake the Sugar. An email was sent to all district employees. Those participating in TRS ActiveCare can log onto their portal as teams or individuals. The Challenge dates will be March 26 - April 22. The purpose of the challenge is to remove unhealthy sugars from your diet.

The table diagram of the Health Fair was also distributed and there was discussion about the Health Fair. The Health and Wellness Fair is sponsored by SHAC and will be held on Thursday, April 19th from 6:00 p.m. - 8:00 p.m. at the Livingston Intermediate School Cafeteria. It is held in conjunction with the Livingston ISD Art Festival. Last year's diagram of the cafeteria indicated 20 tables, this year's list already included 22 vendors.

The 2018 Confirmed Vendors include:

LHS CNA Students	National Park Service
Southwest Food Service	Path Project
Childrenz Haven	Health Center Southeast Texas
HEB	Lice Clinics of America
Amerigroup	Texas Parks & Wildlife
Kindred Hospice	
Center of Hope	
Camp Cho-Yeh (Will confirm closer to the event)	
Region VI Alcohol & Drug Abuse Council	
Livingston Fitness Center (will confirm)	
Head Start	
CHI-St. Luke's Hospital	
House of Mary	
LISD PTO	
Grace Pregnancy Outreach	
LISD Nurses	
Lions Club	