

September 24, 2019

The School Health Advisory Council (SHAC) meeting was called to order by Lana Smith at 9:01. The following were in attendance:

Lana Smith - LISD Director of Student Services	Heather Wiggins - CGE Nurse
Jennifer Birdwell - LISD Director of Communications	Lauren Nettles - CGE Counselor
Pam DuBose - LISD Nurse	Ashley McMaster - TCE Nurse
Tamara Morris - CSE Counselor	Paul Drake - LHS Principal
Erin Salazar - Creekside	Monica Smith/Karen Pollard - CHI St. Luke's Health - Livingston
Abby Baker - The Coalition, Inc.	Vickie Fuller - Dept of State Health Services
Kim Bartel - ADAC	Kelly Bradley - Dept. of State Health Services
Misty Nettles - Grace Pregnancy Outreach	Elisha Bell - CSE Principal
Barbara Waters - Community Member	Mark Young - SFE
Denise Tucker - LJH Assistant Principal	Bernardo Koremblum - SFE
Whitney Haynes - PRP Counselor	Bridgett Tisdale - SFE
Carlie Templeton - PRP Parent	Melanie Justice - CSE Coach
Kristin Boddie - PRP Nurse	

- Coach Justice introduced the team from CSE FUTP60. The NFL created Fuel Up to Play 60 to encourage students to exercise 60 minutes a day and eat healthy. SHAC members were directed to the Agenda and minutes from the last meeting.

- Introductions were made by those in attendance.

Kim Bartel with ADAC distributed the 2019 Regional Needs Assessment Summary. Abby Baker with the Coalition reviewed Middle School programs they offer on vapes and e-cigarettes. Erin Salazar shared information about the Healthy Kids Running Series. The 5-week session is for children 2-14 years old and can register on the website - [healthykidsrunningseries.org](http://healthykidsrunningseries.org). The next event is Sunday, Sept 29 at 2 pm (3rd of 5 week sessions). The Spring Session will begin the week after Spring Break. Vickie Fuller with DSHS helps with presentations that are offered through their community programs. Kelly Bradley is a Social Worker with Dept. of State Health Services and conducts family needs assessments which will search for resources to help families. Lana shared information about the LISD shot clinic that will be held on October 14 for LISD employees, the SafeSchools Modules are statemandated training which are completed by all LISD staff and monthly meetings for 7th & 8th-grade parents will be held through the GEAR-UP grant program. The GEAR-UP program is designed to lead and guide students to a successful future. The Parent Financial Class will be offered each month beginning in November.

- The Texas School Health Advisory Committee website is [dshs.texas.gov/schoolhealth/shadvise/](http://dshs.texas.gov/schoolhealth/shadvise/)

- The purpose of the SHAC is to advise the district and review programs and ideas. The Council makes recommendations to the school board where the board has the final decision.

- The Sandy Hook Promise program was reviewed. [sandyhookpromise.org](http://sandyhookpromise.org)

- Hello Week was discussed. This program helps to educate students in kindness and shows students that someone cares for them in the school. The council was encouraged to review the website and discussions can be made about recommending a program where every teacher and student can embrace it. The goal is to be sure students feel safe and loved. TEA will be making recommendations for the council to consider.

- Safety trainings have been covered through modules and active shooter training have been conducted with staff.

- Barbara Waters is a coordinator of CATCH my breath program. It is a free program covering e-cigarettes and Jule which is a \$3 billion industry. There are 4 lessons 30-40 minutes long and all lessons can be addressed in a one week period.

- October 25 will be hygiene training for CGE 5th graders, parents will be previewing the video on October 14 and permission slips will be sent home. Parents may opt-out if they wish

The meeting was adjourned at 9:50 am.