

## **616 Carnegie public schools wellness policy**

Carnegie Public School District is committed to the philosophy that healthy children perform better in schools and are, therefore, more likely than and healthy children to successfully complete her education. Additionally, healthy staff members can more effectively perform their assigned duties and serve as role models of appropriate wellness behaviors for the students in the District.

Reflecting on the philosophy, the following Local Wellness Policy, in compliance with the requirement of Public Law 108 - 265, shall serve as a framework for the student, staff, and patrons of the district, illustrative of a sound commitment to local health and fitness:

1. It is the goal of the Carnegie Public School district to provide nutrition, education, physical activity, and other school-based activities designed to promote student wellness. Such activities shall be undertaken in a manner that the Board of Education determines is most appropriate for the students of the District
2. Guidelines selected by the District for all foods available on campus during the school day shall have the objective a promoting students health and reducing childhood obesity
3. Guidelines for a reimbursable student meals shall not be less restrictive than regulations and guidance issued by the Security of Agricultural pursuant to subsections (a) and (b) of section 10 of the Child Nutrition Act (42 U.S.C 1779) and sections 9 (f) (1), and 17 (a) of the Richard B. Russel National School Lunch Act (42 U.S.C. 1758 (f) (1), 1766 (a), as those regulations and guidance apply to schools.

The District shall measure implementation of the Wellness Policy. At least one person within the District shall be responsible for such measurement, ensuring that the district meets the guidelines and objectives of the w  
Wellness Policy.

Wellness is an ongoing and dynamic process. As a wellness policy is developed and implemented, the District so involved parent, student, representatives of the school food authority, the school board school administrators in the public in this process.

References: Child Nutrition and WIC Reauthorization Act of 2004, Public Law 108-265,  
Section 204