

# SHAC Agenda

## 9-18-18

### 1:00

- SHAC Membership Overview
- Wellness Plan Annual Assessment
- Northeast Child Advocacy Center Presentations
- Nurse information
- Cafeteria information
- PE Coach information
- Adoption of days not required to meet standards
- Future meetings
- Adjourn

# SHAC Minutes

## September 18, 2018

The SHAC meeting was held September 18, 2018. Dustin Carr, James Payne, and Amy Northcutt served as administrators. Kathy Hogue and Kristy Russell served as teachers. Marshall Moore served as the PE representative. Abbie Carr served in the parent role, Sherri Thompson served as the school nurse, Michael Russell-Law Enforcement Official, and Amanda Cockrell served from food admin. All were present for the 1:00 meeting.

Mr. Carr gave an overview of the SHAC Committee Role and membership requirements. He then presented the SBISD Wellness Plan to the committee for annual assessment. PE times, recess times, school nutrition and professional development for cafeteria staff were discussed. The school adheres to the National School Lunch Program and its requirements. PE Minutes are attained; recess is offered each day throughout elementary. It was suggested that the school should ensure that employees, students and parents are more aware of the policy on noncompeting foods during the school day.

The committee considered days not required to meet standards. Elementary and secondary will separate their days. (Elementary days are: UIL, Christmas (12-19), Valentine's Day (2-14), Easter and one at the end of the year for AR party.) (Secondary days: Cap Herman, UIL, Christmas, Valentine's, and Easter.) A discretionary day could be added as necessary.

Mrs. Thompson talked about a new initiative she was starting this year. She will be creating a pantry of essential items for students who are in need. Community churches donated to the project to establish a store of shampoos, toothbrushes, clothes and other essentials for our students. Health fair will again be during Open House. Backpack buddies will continue each Friday, if a teacher identifies a needy student let her know.

Amanda gave the cafeteria report. Fresh fruits will be available more this year in student meals. Discussed the upcoming cafeteria audit. The cafeteria continues to follow the National School Lunch Program and School Breakfast Program. Talked briefly about the taste testing trip with students to the Region 8 food show.

Coach Moore gave the PE report. Discussed proper warm-up, stretching, and activities and accommodations in a few of his classes so far. Promotes an active, healthy lifestyle with the students, will prepare them for the end of year FitnessGram assessment.

Future meeting was discussed for Mid-October to complete the three-year audit of the SBISD Wellness Plan.

The meeting was adjourned.