

SHAC Agenda
10-14-16

- SHAC Membership Overview
- Wellness Plan Annual Assessment
- Adoption of days not required to meet standards
- Nurse information
- Cafeteria information
- PE Coach information
- Future meetings
- Adjourn

SHAC Minutes

October 14, 2016

The SHAC meeting was held October 14, 2016. Dustin Carr, James Payne, and Amy Northcutt served as administrators. Kathy Hogue, Kristy Russell, and Kelly Johnston served as teachers. Blake Hill served as the PE representative. Lindsey Collett served in the parent role, and Amanda Cockrell served from food admin. All were present for the 10:00 meeting.

Mr. Carr presented the SBISD Wellness Plan to the committee for annual assessment. PE times, recess times, nutrition requirements and professional development for cafeteria staff were discussed. Information regarding staff health and wellness and access to the weight/fitness room were discussed. Ms. Northcutt reported all elementary grades take recesses at this time.

The committee considered days not required to meet standards. Elementary and secondary will separate their days. (Elementary days are: UIL, Christmas (12-21), Valentine's Day (2-14), and one at the end of the year for AR party.) (Secondary days: Cap Herman, Christmas, Valentine's, and Easter.)

Mrs. Thompson, the school nurse, was absent from the meeting but Mr. Carr talked about initiatives she was interested in accomplishing during the year. These included a Health Fair during Open House, mobile dental, mobile mammogram, flu shots for staff and increased cooperation with the new hospital administration in Hopkins County to bring services to the school.

Amanda gave the cafeteria report. She discussed initiatives to increase cafeteria participation. New foods will be introduced and will be presented in a marketed way, similar to Lunchables and closer related to food and snacks served in the home. Talked briefly about the taste testing trip with students to Region 8.

Coach Hill gave the PE report. SBISD meets the number of minutes per week required for PE. Presented information about FitnessGram and the exercises and process related to the annual performance evaluation. Asked if volunteers would like to be involved.

Future meetings were discussed for January, March and end of year, but no dates were set. The meeting was adjourned.