



Garden Plain High School

Plain Talk



September 30, 2016

Volume 16 - Issue 1

GP STUDENT SECTION



Calling all Garden Plain High School students, come out to support the Garden Plain football team and volleyball girls and deck yourself out in our themes! It is a ton of fun and you sure do not want to miss out!!!! We need as many people out there cheering and participating as possible. Don't be afraid to dress up in full student section theme, it makes the game so much better and I am sure it helps the team get pumped!

The importance of the student section seems to be overlooked and we really need to change that! If you have any questions you can ask any of the senior girls. If you need some ideas for that theme, please do not be afraid to ask!!! So far we have had neon, blackout, and USA themes. There are a couple rules though. You **HAVE** to cheer and should really, really dress up, even if it's just a little. Not only are the boys competing on the field or the girls on the court, the student section is competing against the opposing schools to have the best student section! #CatchitKansas and Taylor Eldridge is always tweeting about student sections and our goal is to make sure we are mentioned. We really have the chance to show everyone how much support our team has! So everyone come and have a blast!

FOOTBALL THEMES

9/30 - BELLE PLAINE = HAWAIIAN
10/7 - DOUGLASS = CHRISTMAS ATTIRE
10/14 - CONWAY = JERSEY NIGHT
10/21 - CHAPARRAL = PINK OUT
10/27 - CHENEY = BLACKOUT

VOLLEYBALL IS STILL TO BE DETERMINED.

SCHOOL LIFE HACKS

BY: HOPE SEIWERT

Are you having trouble keeping up pace and being organized in school? Well these are some helpful tips and tricks to doing well in your classes. Hack #1: Stop using google.com to search for information for school essays and assignments. Instead, use scholar.google.com to find better information faster. This hack is one I personally use for many of my classes. Especially if you need to find legitimate sources that are not .com sources.

When it comes to writing papers you want someone to read it, and check for mistakes right? Well that's not an issue anymore with this hack. Hack #2: When you finish a paper, copy and paste it into google translate to listen to it for mistakes. I tried this out for myself, and it works great; if you cannot get someone else to read over your paper. Hack #3: If you have writer's block picking a topic for a paper or essay, pick a topic that infuriates you. You'll be able to rant and let it all out, and the pages will fly by. Even if you cannot always pick your topic, there's always different sides to the topic. Just pick one you feel the strongest about.

We all probably have some kind of issue studying, whether it's for a test or finals. This hack is scientifically proven to be helpful to students. Hack #4: Studying for 30-50 minutes at a time with 10 minute breaks in between is the best way to retain information. So do not stare at a study guide for hours just hurting your brain, and letting information leak out of your memory. Try it out for yourself to see what works for you.

This school hack is for all people who get up on school mornings and waste time getting ready for school. Then, you look at the time and you have ten minutes to get to school, and you are still in your pajamas eating something unhealthy for breakfast. Hack #5: To make sure you leave the house on time in the morning create a playlist that is the exact time it takes you get to ready. So, when the last song ends and the music stops, you know you have got to get going. These hacks are not for everyone, but they could help quite a bit. Go out there and try them out for yourself to help stay on top of school!



GP LATEST STYLES

BY: HAYLEY HAYS

Hey GP student!, Want to know the latest styles then look no further!! If you would look down the hallway and see girls in over sized T-shirts, running shorts and Birkenstocks on their feet don't be alarmed. People now are going for that messy, homeless look. People don't really care as much about their looks.

As I say this though, there are still many people in our school that like to dress cute. Many people like to rock the skinny jeans, cute top and ankle boot style. People are also buying these shoes called Chacos that are coming into style! They are willing to pay \$120 for sandals. Adidas is on the rise! People lately have been buying more Adidas tennis shoes since they have been getting more stylish. If you are thinking about getting new tennis shoes I would suggest getting a pair of Adidas, because they are the best!

Since we are already talking about style, let's talk about how nice people look when they have to dress up on home game days! I think that should just be for every game since we all look so good! I think that if you dress up, you feel better about yourself. I think that it makes us look presentable as a school and as teams.

Are you ready for those fall clothes? Get out those sweaters, tights and riding boots! When people start getting chilly in the fall they are going to go straight to their sweatshirts and sweaters. We are all going to look very fashionable this fall/winter if you continue reading up on GP's Latest Styles!



DIG IT! Its Volleyball Season

By: Kylie Thomas

It is that time of year again, volleyball season is here! The Lady Owls are off to a great start this year! This team has been working their butts off this summer to accomplish their goals. Every morning, Monday through Thursday, they work out from 6:30-8 a.m. During this time they have agility and lift tons of weights. If you ever look at the team, it is pure muscle! After losing so many starters, the Lady Owls have not backed down to the challenge to being just as good. Everyone's expectations are relatively low except for the teams' and Coach Clark. I asked Coach Clark about what she thinks on this subject and she tells me that " It makes me angry, in 8 years we have been to state four times and we never finished with less than 25 wins in any of those years, so I feel like people don't understand we are building a program, not a team. All of our teams do well each year. It comes to me as disrespect."

This season is going to be exciting; the girls are working hard to reach their goals like appearing at state and taking home the trophy. When I asked Ryann Flax about how the team is going to reach their goals for this season she said "By working hard in practice everyday, playing every game like it is my last, to keep working hard in the weight room, and listening to Coach Clark's advice to better myself and my team "

Starting the season off the Lady owls have a record of 9-3. Throughout this season they have beat Bluestem, Sedgwick, St. John, Medicine lodge, Haven, Sterling, Kingman, Hutch Trinity, and Great Bend. Their toughest competition this year has been Cheney, playing them twice and getting closer to beating them each time. I asked Michelle Youngers what the team's strategies are going to be the next time they play Cheney and she says "Be more aggressive and mindful, stay confident in ourselves, consistent, and SHUT THEM DOWN." The Lady Owls next game is on October 4th at 5:00! They are playing Conway Springs and Belle Plaine, I expect everybody to come and cheer the team on! You can refer to the student section to see what the themes will be!

RACKING UP THE YARDS

By: CELIA PANEK

The Garden Plain high school football team has already started off the 2016 year with success! Having played four games and being undefeated, the boys have gathered up good momentum for the rest of the season. There are 8 seniors on this year's team: Caleb Ellis, Cody Hendryx, Leo Larkin, Marty Landwehr, Dylan Gordon, Nate Pauly, Ethan Becker, and Brady Frerichs.

The Owls opened the season against Hesston, a top ranked team in 3A. In a hard fought battle we were able to come out with a victory with a final score of 33-27. The Owls earned 461 yards of total offense. Nate Pauly lead the team in rushing with 287 yards and 4 touchdowns. Marty Landwehr rushed 415 yards and was also able to find the endzone once. Drew Wilson lead the team with 22 receiving yards.

Their second game against Trinity Academy was moved to Goddard Eisenhower's field due to getting over 5 inches of rain earlier in the day. The Owls took their opening drive on offense in for a touchdown. The Owl's lead grew to 14-0 before the game was postponed due to lightning. The game resumed the next day at Trinity's field. Trinity came out fired up and scored first. But the Owls hung in there and earned a 33-14 victory. Nate Pauly lead the team in rushing with 78 yards and 2 touchdowns. Drew Wilson and Caleb Ellis scored 2 receiving touchdowns.

To fill an open date on the Owl's schedule, the team picked up Kearney Catholic from Nebraska. In a back and forth battle, the Owls were able to come out victorious with a final score of 29-20. The Owl's defense was able to hold Kearney's high powered offense scoreless in the second half. As a team, the Owls rushed for 282 yards and was able to hold Kearney to -5. The Owls averaged 5.1 yards a carry during the game.

In the Owl's fourth game, they played the winless Wichita Independent team. The Owls were able to score 32 first quarter points. The team used 12 different rushers to gain 429 yards of rushing and a 51-20 victory. The game allowed the team to play everyone, earning the young kids valuable varsity experience.

To add to the season the Owls will play at Belle Plaine Friday, September 30th. The following week they will play at home against Douglass for homecoming. Hopefully, the Owls will continue their undefeated streak and carry their momentum into the district playoff!

LADIES OWL'S GOLF:

BY: JACQUELINE STRUNK

The 2016 golf season is well underway for the Garden Plain Lady Owl Golfers! This year's golfers include Jacqueline Strunk (junior), Hope Seiwert (junior), Isabelle Fontes (sophomore), Colleen Teter (sophomore), and Sumer Hahn (freshman). For the first time in Garden Plain history, they have enough golfers to go to their own tournaments! Their first tournament as an official team was located at Medicine Lodge. They placed fifth as a team overall. On Tuesday, September 19th, the Owls had a tournament on their home course in Cheney. Combined with Andale, they placed second overall. Jacqueline Strunk took 10th place with a score of 94. Hope Seiwert shot a 118 and Isabelle Fontes shot a 103.

The girls golf coach is Mr. Schueller. He has been coaching golf for the past nine years. In an exclusive interview with Coach Schueller, he said that the main goal is to get as many girls to state as possible, "So far the season is going really well. I have a great group of girls to work with." He is very excited for the upcoming tournaments.



GARDEN PLAIN'S LONE RUNNER:

BY: JACQUELINE STRUNK

Cross Country is also well underway with only one runner, Chandler Kreutzinger (sophomore). Chandler has been doing cross country since his freshman year. Chandler and the other Andale runners have been to three meets so far. He placed 17th at one of his meets and beat his personal record by a whole seven seconds! Chandler says "I do cross country because I enjoy running and it keeps me in shape." He says he is looking forward to doing even better at his next meet. Being the only Garden Plain Owl on the team does not bother him, he states. He also says, he enjoys going to meets and meeting new people.

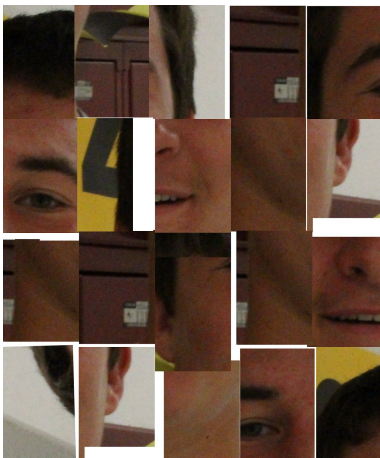
GPHS TOP 5 BILLBOARD SONGS:

BY: HAYLEY HAYS

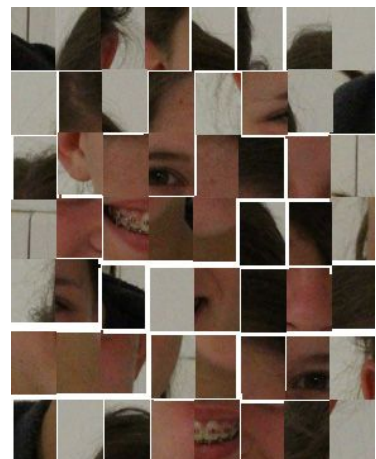
Garden Plain High School's newspaper is trying something new! Earlier in the week, most of the students responded to the survey we sent out. We picked the top 5 songs that were the most popular from the survey. The top 5 songs that the students prefer are Heathens, Closer, Back in Black, One Dance, and in a 3 way tie for 5th place we have Me Too, Cold water, and H.O.L.Y. The number one song GP student like is Heathens, It is by Twenty One Pilots! It was released in June 16, 2016 and it is a rap rock song. The song in second, Closer, is sang by Chainsmokers. It was released in July 29, 2016. The third pick was Back in Black by AC/DC, It was released in July 25, 1980.

Top 5 Winners!

- ★ Heathens
- ★ Closer
- ★ Back in Black
- ★ One Dance
- ★ Me too, Cold Water,
H.O.L.Y.



**FIX-UP
THE
MIX-UP**



NEW TEACHERS:

Mr. Little

Mr. Little came to us from Valley Center. This will be his 10th year teaching. He said that his favorite part of teaching is that he "gets to work with young artist all day and it's a pretty sweet gig." He went to college and received his Bachelor's Degree from Culver-Stockton and a Masters from Emporia State University.. His favorite part of Garden Plain High School is the people. The one thing that Mr. Little wants the student body to know is "You're not as dumb as you look" (quote from Natasha Dooley).



Mr. Little refused to take a photo.

Mr. Lantz

Mr. Lantz taught 8 years at Chaparral, 13 years at Wichita Southeast High School, then the past 3 years at South Barber. This his 25th year teaching. His favorite thing about teaching is seeing students that have graduated in the past years, and seeing the excitement they have about life. He went to college and got his Bachelor's degree at Emporia State University and Master's degree at Northwestern Oklahoma State University. Mr. Lantz says that his favorite thing about GPHS is the positive atmosphere and how willing people are to help each other. Mr. Lantz wants the student body to know that sincere effort will pay off.



Mrs. Fleming

Mrs. Fleming has taught at Midway-Denton High, Sedgwick High, and Valley Center High, this will be her 26th year teaching. Her favorite part of teaching is forging relationships with students and seeing my students grow as readers, writers, and people. She went to three different colleges, Cloud County Community College, Fort Hays State University (Bachelor's Degree), Wichita State University (Master's Degree). Mrs. Fleming said what she likes about GPHS is EVERYTHING so far! Mrs. Fleming wants the students to know that she is very happy to be here, and cannot wait to get to know every single student.



WHAT'S VEXING VINCENT THIS SEPTEMBER?

BY: VINCENT MEYER

You know what's Vexing Vincent? Getting a ridiculous amount of college mail, that's what. You want to know why? Well, I'm about to tell you.

As you know, high school is the last major type of schooling before college, and it is the perfect time for colleges to recruit students by sending them letters with appealing pictures and statistics about their college. However, what makes them think that I want a giant stack of college mail to sift through? I mean, I have probably received enough college mail to make a stack literally six inches tall (since I was curious, I measured how tall the stack of mail I have now is. It was four or five inches tall, and that's not even counting the mail I threw away, which would probably bring it to at least six inches). That is hundreds of letters and packets that are cluttering up my countertops and fueling my frustrations. To make things worse, a lot of these college I will not even consider, and just as many are from places I have never even heard of. I have to comb through this six inch stack of letters, find out what colleges they are from and what majors they are best with, and throw out the ones that don't suit me. Fun, isn't it?

But a six inch stack is nothing when you think about how tall it would be if college emails were included. If you give your email address to a lot of colleges and check your inbox often, you know exactly what I'm talking about. Hundreds of emails from what seems like every college in the midwest and then some are cluttering inboxes all over. Well, to be fair, "hundreds" is a bit misleading. My inbox actually has over 1000 unread emails in it, and most of them are from these random colleges. Now, I may bother looking at the physical college mail, but looking at every single one of these emails is just overkill. Most of the time when I go through my inbox I just scroll down the list and ignore basically all of the emails (which is probably why the number of my unread emails is four digits long).

Granted, college mail is one of the only reliable ways to recruit certain students, but can they just *not* send me so much mail. If they did, that would be nice. Too bad that probably won't happen, so I guess we'll have to keep dealing with the mail. But who knows? Maybe someone will eventually help us out by making a mailing equivalent of the Do Not Call Registry.



The Owl's Nest

BY: BROOKE FOSTER AND HEATHER RICHARDS

It's a new year! The Nest is back and better than ever! This year, new additions such as Tropical Sunshine Smoothie and Frappe have been added! Mrs. Clark is working extra hard to make sure her new employees are up to date on all of the complex details to make The Nest it's best. When asked what her favorite part of working at the nest was, Hanna Hoopes said, "I love to work on homework. And helping people is even better!" Hanna also says that her favorite item on the menu are the cream cheese pretzels. Speaking of which, you may want to get your cream cheese pretzels, before supplies run out!! Hanna says that she would love to see Peace Tea be included into the menu this school year!

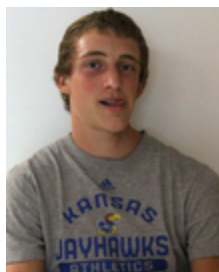
Jacqueline Strunk is a new employee in The Nest. "The most challenging part of working in the nest would probably be trying to come up with new ideas of how to sell product" This is her first year working, and she is in the Marketing Team. When asked what the most beneficial part of working in The Nest was she said, "Getting more work experience has been the most beneficial." Jacqueline also added that she would love to see Pizza Pretzels added to the Menu. "I freaking love those."

Below is a QR Code of this week's sketch! This edition, we give you a tour of The Nest. You can join in by downloading the app "QR Code Reader." Just scan the code, and enjoy!



SENIOR SPOTLIGHTS

Name: Geoffrey T. Weninger
Nickname: Wintergreen
Birthday: March 30th 1999
Fav. Saying: Make America Great Again
Fav. Food: Anything from the school's cafeteria
Fav. T.V. Show: South Park
Fav. Movie: HOT ROD
Fav. Actor/Actress: Clint Eastwood
Fav. Quote: "2 legit to Quit" -Rod
Fav. Song: Number 1 Girl
Fav. Music Group: Mindless Behavior
Fav. Teacher: Mr. Gordon
Fav. Class: WATC
Fav. Pastime: Riding the ole' 3-wheeler
Person Most Admired: My grandpa
Pet Peeves: People who ask too many questions
Most Memorable Moment: Spanish Class Sophomore Year
Future Plans: Working
Advice to Underclassmen: Take as many math classes as you can to get it over with.



Name: Jack David Crabtree
Nickname: Crabs
Birthday: September 20th 1998
Fav. Saying: Gaaahh!!
Fav. Food: Spanish Rice
Fav. T.V. Show: Family Guy
Fav. Movie: Fast and Furious
Fav. Actor/Actress: Paul Walker (R.I.P.)
Fav. Quote: Gaaah!! (Geoff's grandma)
Fav. Song: Farmer's Daughter
Fav. Music Group: Rodney Atkins
Fav. Teacher: Mr. Miyagi
Fav. Class: WATC
Fav. Pastime: Hang yonder with friends
Person Most Admired: Dad
Pet Peeves: Bad drivers/People who talk about trucks and don't have a clue
Most Memorable Moment: Sophomore Year lunch
Future Plans: Work, having my dream truck, lovin' everyday!
Advice to Underclassmen: Get all your required classes done before senior year so that everyday is a free day.



Name: Dakota William Smarsh
Nickname: John Deere or Case IH
Birthday: December 30th 1998
Fav. Saying: Get 'r done!
Fav. Food: Beef
Fav. T.V. Show: Three Stooges
Fav. Movie: Blazing Saddles
Fav. Actor/Actress: Chris Farley
Fav. Quote: Once in your life you need a doctor, lawyer, police man, and and a preacher, but every day, 3 times a day, you need a farmer.
Fav. Song: Should have been a cowboy
Fav. Music Group: George Jones
Fav. Teacher: Mr. Gordon
Fav. Class: Shop
Fav. Pastime: None
Person Most Admired: My dad or grandpa
Pet Peeves: None
Most Memorable Moment: None
Most Embarrassing Moment: None
Future Plans: Attend Hutchinson Community College for Diesel Mechanics and then farm full time
Advice to Underclassmen: Get a job!



SENIOR SPOTLIGHTS

Name: Ashlyn Grace Thomas

Nickname: None

Birthday: May 21st 1999

Fav. Saying: Eh, I'll just do it tomorrow

Fav. Food: Mexican

Fav. T.V. Show: The Office

Fav. Movie: Safe Haven

Fav. Actor/Actress: Rachel McAdams

Fav. Quote: You only live once, but if you do it right, once is enough.

Fav. Song: Swing by Savage

Fav. Music Group: The Chainsmokers

Fav. Teacher: Mr. Renyer

Fav. Class: SSR

Fav. Pastime: Spending time with my friends or family

Person Most Admired: Definitely not Rock

Pet Peeves: None

Most Memorable Moment: None

Most Embarrassing Moment: Middle School

Future Plans: Go to college and enjoy life

Advice to Underclassmen: Don't wish time away



Name: Cody Hendryx

Nickname: Goofy

Birthday: May 1st 1998

Fav. Saying: That'll do it!

Fav. Food: Mexican

Fav. T.V. Show: The Rifleman

Fav. Movie: Remember the Titans

Fav. Actor/Actress: Terry Crews

Fav. Quote: Anything and Everything

Fav. Song: Religious Man

Fav. Music Group: Journey

Fav. Teacher: Mr. Rockers

Fav. Class: Shop

Fav. Pastime: Hanging with friends

Person Most Admired: none

Pet Peeves: Don't have any

Most Memorable Moment: None

Most Embarrassing Moment: None

Future Plans: Going to get my major in Agriculture

Advice to Underclassmen: If I can do it, anyone can.



Name: Alena Regier

Nickname: Lana, Moscow

Birthday: June 2nd 1998

Fav. Saying: Yeah? Yeah Kylie?

Fav. Food: All food. No discrimination

Fav. T.V. Show: Days of Our Lives

Fav. Movie: Fast and Furious, VROOM VROOM

Fav. Actor/Actress: Adam Sandler, Jim Carey

Fav. Quote: We embrace pain and burn it as fuel for our journey

Fav. Song: crazy frog

Fav. Music Group: Technique

Fav. Teacher: Mrs. Clark

Fav. Class: Earthspace

Fav. Pastime: Eating

Person Most Admired: Mrs. Dooley

Pet Peeves: Hypocrites

Most Memorable Moment: Spring break 2k15

Most Embarrassing Moment: Freshman Year

Future Plans: Travel a Lot!

Advice to Underclassmen: Go catch yourself a wild Kylie Thomas.



