

Helpful Websites for Suicide Prevention Awareness

Lifeline: <https://suicidepreventionlifeline.org/>

Jason Flatt Foundation: <http://jasonfoundation.com/about-us/jason-flatt-act/>

“Be the One” Theme: <https://www.bethe1to.com/>

Trevor Project: <https://www.thetrevorproject.org/>

Headquarters: <http://www.headquarterscounselingcenter.org/>

American Foundation for Suicide Prevention: https://afsp.org/how-to-start-and-continue-a-conversation-about-mental-health-a-realconvo-guide-from-afsp/?fbclid=IwAR2HasP2um8OyWV-euDCcpm_0rA8rTX3mDTvCCONPy3vN0D8NWJKEdXvo4A