

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|---|---|---|--|---|
| <b>1</b><br><b>No School</b>  | <b>2</b><br>Hamburger on a Bun<br>Dark Green Leaf Lettuce<br>Tomato Slice<br>Oven Fries<br>Salad Bar<br>Fresh Clementine<br>Canned Fruit Choice<br>Milk Choice    | <b>3</b><br>Beef & Noodles<br><b>Blueberry Oat Muffin (6-12)</b><br>Green Beans<br>Salad Bar<br>Fresh Grapes<br>Canned Fruit Choice<br>Milk Choice                  | <b>4</b><br>Baked Chicken Drumstick<br>Oatmeal Roll with jelly<br>Salad Bar<br>Fresh Mango<br>Canned Fruit Choice<br>Milk Choice | <b>5</b><br>Cheesy Filet O' Fish on a Bun<br>Roasted Red Potatoes<br>Salad Bar<br>Fresh Apple<br>Canned Fruit Choice<br>Milk Choice           |
| <b>8</b><br>Turkey & Cheese Sub Sandwich<br>Dark Green Leaf Lettuce<br>Tomato Slice<br>Sweet Potato Fries<br>Fresh Kiwi<br>Canned Fruit Choice<br>Milk Choice | <b>9</b><br>Beef & Bean Burrito<br><b>Tortilla Chips (9-12)</b><br>Tomato Salsa<br>Mexican Corn<br>Salad Bar<br>Fresh Fruit<br>Canned Fruit Choice<br>Milk Choice | <b>10</b><br>Stromboli<br>Marinara Sauce<br>Garden Salad<br>Fresh Fruit Choice<br>Canned Fruit Choice<br>Milk Choice<br>Fudge Bar                                   | <b>11</b><br>BBQ Beef on a Bun<br>Baked Beans<br>Salad Bar<br>Summer Fruit Salad<br>Canned Fruit Choice<br>Milk Choice           | <b>12</b><br>Cheesy Pizza Sticks<br>Marinara Sauce<br>Salad Bar<br>Fresh Grapes<br>Canned Fruit Choice<br>Snickerdoodle Cookie<br>Milk Choice |
| <b>15</b><br>Hot Ham & Cheese on a Bun<br>Ranch Potato Wedges<br>Salad Bar<br>Diced peaches<br>Apples Wedge<br>Milk Choice                                    | <b>16</b><br>Stuffed Crust Pepperoni Pizza<br>Salad Bar<br>Fresh Orange<br>Canned Fruit Choice<br>Royal Brownie<br>Milk Choice                                    | <b>17</b><br>Taco Burger on a Bun<br><b>Tortilla Chips (6-12)</b><br>Tomato Salsa<br>Refried Beans<br>Salad Bar<br>Cantaloupe<br>Canned Fruit Choice<br>Milk Choice | <b>18</b><br>Spaghetti<br>Garlic Bread Stick<br>Green beans<br>Salad Bar<br>Fresh Kiwi<br>Diced Pears<br>Milk Choice             | <b>19</b><br><b>No School</b>   |
| <b>22</b><br><b>No School</b>   | <b>23</b><br>Pulled Pork Sandwich<br>Baked Beans<br>Salad Bar<br>Fresh Fruit<br>Cinnamon applesauce<br>Milk Choice  | <b>24</b><br>Super Nachos<br>Black Beans<br>Tomato Salsa<br>Salad Bar<br>Fresh Mixed Fruit Cup<br>Pineapple slices<br>Milk Choice                                   | <b>25</b><br>Grilled Chicken Sandwich<br>Potato Smiles<br>Salad Bar<br>Strawberries & Bananas<br>Fruit Cocktail<br>Milk Choice   | <b>26</b><br>Stuffed Crust Cheese Pizza<br>Salad Bar<br>Grapes<br>Canned Fruit Choice<br>Chocolate Chip Cookie<br>Milk Choice                 |
| <b>29</b><br>Chicken Tetrazzini<br>Garlic Bread<br>Salad Bar<br>Apricot Halves<br>Fresh Fruit Choice<br>Milk Choice   | <b>30</b><br>Hamburger on a Bun<br>Dark Green Leaf Lettuce<br>Tomato Slice<br>Oven Fries<br>Salad Bar<br>Fresh Clementine<br>Canned Fruit Choice<br>Milk Choice   |   |  |   |

Welcome Spring!

As everything starts to bloom, thoughts of gardening tend to pop in my head. There is no better feeling than sowing seeds into the soil and watching them grow into a bountiful harvest of fresh fruits and vegetables. Check out our Facebook page this month to find articles about gardening as well as Farmer's Markets, and other great springtime nutrition and wellness articles.

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