



Andale High School Volleyball Camp

All Skills Camp: July 19th-22nd

Want to fill out a paperless form and pay at camp? Scan the QR code on the right!

2021 Camp Application

Deadline – July 5th, 2021 (postmark)



Daily Schedule: 5th - 6th Grade: Mon – Thurs. 9-10:30 A.M. 7th - 8th Grade: Mon. – Thurs. 10:45 A.M. -12:15 P.M.
Check-In: 10-15 minutes prior to start of camp time **Location:** Andale High School @ Gym A – Use Main East Entrance

***All Campers will receive a camp T-shirt!**

A cold treat aka ICE CREAM will be provided after each session! Come ready to work hard and have fun!

Grades are based upon the 2021-2022 School Year

All campers will be instructed by the coaches and members of the 2021 Andale High School Volleyball Team.

All Skills Camp (5th-8th Grade)

Skills include: Setting, Hitting, Serving & Passing, Digging & Defense, Offense and PLAYING!

Setting

Whether you're a setter or not, you'll still need to know the basics of footwork, court awareness, hand position when receiving a ball and release to attackers. It's important that versatile players have good hands, but to also have the basics down.

Hitting

We will cover the proper footwork, approach and arm swing that will help you become a dominant hitter. This includes transition footwork from the net as well! You will learn how to hit, tip, and roll-shot and how to have multiple offensive threats.

Serving & Passing

These are two of the most important skills in the game of volleyball! This area will help you develop consistent, accurate serves with good tosses, proper footwork and follow through. It also covers passing progression and drills that will help you become a reliable passer. Great offenses start with great passing and zone serving!

Digging & Floor Defense

We will cover digging progression and defensive drills. This also includes ball-handling drills that will make you a better defensive player. We will show you how to position yourself correctly in defense to make the most out of your back row experience!

IMPORTANT!

Please make checks payable to: Indian Volleyball and mail the Application Form along with payment no later than June 28th (postmark) to (cash accepted):
Indian Volleyball
2239 N. 311th St. W. Garden Plain, KS 67050



Camper's First & Last Name _____
Street Address _____
City _____ State _____ Zip Code _____
Phone _____ E-mail _____
Grade (Fall 2019) _____ School _____

T-Shirt (Circle One)

Y-Small Y-Medium Y-Large

A-Small A-Medium A-Large A-XL

Please check the appropriate boxes below:

- 5th-6th Grade** All Skills – 4 days @ \$40.00
 7th-8th Grade All Skills – 4 days @ \$40.00

I certify that _____ has my permission to participate in the Andale HS Volleyball Camp. I further certify that the above recreational player has medical insurance in case of an emergency. I hereby grant permission to officials of the Andale HS Volleyball Camp to act for me according to their best judgment in any emergency requiring medical attention and hereby waive and release the camp and the staff from any liability for any injuries while at camp.

Emergency Contact Name: _____ Relation to Player: _____
Emergency Contact Phone: _____
Signature (Parent/Guardian) _____ Date _____

Questions? Please Contact Kaylie Bergkamp – kaylie.bergkamp@usd267.com or 316.644.3750

