

2018 AHS Volleyball Summer Schedule

JUNE						
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
27	28	29	30	31	1	2
	MEMORIAL DAY					
3	4	5	6	7	8	9
Weights- Mon-Thurs. - 8am, 6:30pm						
<i>Sr. Meeting Meal Evening Time TBD, VB Summer Kickoff TBD</i>		VB Before Weights GYM B Open Gym (A) 7- 8:30 p.m.		VB Before Weights GYM B SAND Doubles OJ Watson Evening Time TBD		
10	11	12	13	14	15	16
Weights- Mon-Thurs. - 8am, 6:30pm						
<i>Open Gym (A) 7-8:30 p. m.</i>	Derby Summer Tournament			VB Before Weights GYM A SAND Doubles OJ Watson Evening Time TBD		
17	18	19	20	21	22	23
Weights- Mon-Thurs. - 8am, 6:30pm						
<i>Open Gym (A) 7-8:30 p. m.</i>	VB Before Weights GYM A SAND Doubles OJ Watson Evening Time TBD		Clay Center Summer Tournament			
24	25	26	27	28	29	30
Weights- Mon-Thurs. - 8am, 6:30pm						
<i>Coaches Mtg. 5-6:30</i>	6th Grade: 9-10:30; 7th-8th Grade: 10:45-12:15 HS Team Camp 4-6 & 6:45-8:30				Butler Summer Tournament	

AUGUST						
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	30	31	1	2	3	4
Off Week - No Weights						
5	6	7	8	9	10	11
Weights- Mon-Thurs. - 8am, 6:30pm						
12	13	14	15	16	17	18
<i>Coaches Mtg. Time TBD</i>	1ST WEEK OF PRACTICE					
Tryouts 1st Round Cuts Aug 15, Second Round Cuts If-Needed Aug 17						
19	20	21	22	23	24	25
2ND WEEK OF PRACTICE					Black & Gold Scrimmage	
26	27	28	29	30	31	

July						
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
1	2	3	4	5	6	7
	Weights - 8am, 6:30pm		4th of July Break			
		Circle Summer Tournament				
8	9	10	11	12	13	14
Weights- Mon-Thurs. - 8am, 6:30pm						
<i>Open Gym A 7-8:30 p. m.</i>		VB Before Weights GYM A SAND Doubles OJ Watson Evening Time TBD		VB Before Weights A SAND Doubles OJ Watson Evening Time TBD		
15	16	17	18	19	20	21
Weights- Mon-Thurs. - 8am, 6:30pm						
KSHAA Big Group Cut Off Small Group NO more than 4						
22	23	24	25	26	27	28
Weights-Mon-Thurs. 8am, 6:30pm					Gold Medal Squared Coaching Clinic (27-29) Waco, TX	
29	30	31				
KSHAA All Group Cut Off	Off Week - No Weights					

Summer Schedule Notes

Weights

8am- HS Girls + 9th Grade Boys
6:30pm - HS Boys / Girls / Graduates

Weights Teams

*Team Captains - vb, bball, track combined
*Team with highest attendance %, custom team-shirt
Individuals with 90% attendance, tshirt*

- Weights (Mon-Thurs)
- Summer Tournaments
- Team Camp/Practice

- Coaches Mtg & Coaching Clinic, Sr. Mtg.
- Red Font** OJ Watson Sand Doubles
- Off week - no weights, KSHAA cut off dates

*Volleyball before weights everyday for those who are not basketball.

*Tuesday and Thursdays are volleyball days for basketball player and volleyball players.