



## Renwick USD 267 Tobacco-Free School Grounds Guidelines

In conjunction with KSDE and the Kansas Coordinated School Health and Wellness Grant, schools are encouraged to implement tobacco free school grounds policy. The guidelines would be in handbooks (student and employee) and signs would be posted at all buildings. The signage would be purchased from grant money. Below I have listed what we currently have and the recommended changes to meet these standards.

### **Current Guidelines:**

#### **Board Policy: JCDAA Smoking**

Smoking by students and/or possession and use of any other tobacco product is prohibited in any attendance center, at school-sponsored events or on the school grounds. Administrators may report students who are in violation of this policy to appropriate law enforcement agency.

#### **Employee Handbook:**

Renwick USD 267 discourages its employees from smoking. Smoking is regarded as a poor health habit that can detract from performance and is often offensive to coworkers. While we cannot regulate employee conduct off the job or outside of work hours, we feel it is our responsibility to provide a workplace free of exposure to hazardous substances, and we have therefore established our facility and business as a smoke-free workplace. All employees are expected to abide by this policy while at work.

### **Recommended Guidelines to meet criteria for state guidelines:**

#### **Renwick Tobacco Free Policy**

Tobacco use of any kind is not permitted by any person (staff, student, and visitor) at any time in or on USD 267 property, whether owned, leased, or rented. Staff and students who violate this policy will be subject to disciplinary measures in accordance with applicable school and district policies. Visitors who violate this policy will be asked to leave such district property and may be referred to school security personnel or local law enforcement if continued refusal occurs.

This policy further prohibits tobacco industry advertising, marketing, and sponsorship on district property, at school functions and in school publications. In addition, the extension of tobacco-oriented gear or paraphernalia by staff and students is prohibited.

Renwick USD 267 will use signage and, when possible, written and verbal notices in district communications to advertise this policy. The district will make available current information regarding smoking cessation programs.

# Kansas Tobacco Quitline

## 1-800-QUIT-NOW

### What is the Kansas Tobacco Quitline?

The Kansas Tobacco Quitline 1-800-QUIT-NOW (784-8669) provides free one-on-one coaching to help tobacco users quit. The Quitline is available 24 hours a day/7 days a week in English, Spanish and 150 other languages. Trained counselors provide callers support to create an individual plan for quitting. This free service is available to Kansans who are ready to quit tobacco. The Quitline is provided through a partnership between the Kansas Department of Health and Environment and Free and Clear.

### What can you expect from the Quitline?

- Confidential, personalized support
- 5 one-on-one phone sessions with a certified counselor
- To set a quit date within a couple of weeks
- In-depth information on nicotine replacement medications
- Assistance in English or Spanish and translation for more than 150 other languages



### What are the benefits of quitting?

- Save money. A pack-a-day smoker can save \$150 a month (almost \$2,000 a year) by quitting smoking.
- 1 year after quitting smoking the excess risk of heart attack and death from heart disease is cut in half.
- 10 years after quitting smoking the lung cancer death rate is about half.
- 5 - 15 years after quitting smoking the stroke risk is reduced to that of a nonsmoker.
- Smokers who quit by age 30 eliminate nearly all excess risk associated with smoking.
- Smokers who quit before age 50 cut their risk of dying in the next 15 years in half.
- Quitting spit tobacco will reduce the risk of mouth and throat cancer.

Many tobacco users understand the benefits of quitting and are trying to quit. In a recent survey more than half of Kansas adult smokers reported they were trying to quit. When you are ready to quit tobacco call the Kansas Tobacco Quitline 1-800-QUIT-NOW (784-8669) and we can help!



## **Renwick Code of Conduct/Tobacco/Alcohol/Drug Policies Contract**

Renwick USD 267 is committed to provide a wide variety of wholesome, well supervised extra-curricular activities. We encourage each and every student to become involved and participate as representatives of his/her school. Activities, though a very valuable part of the middle school and high school experience, are voluntary and secondary to what needs to happen in the classroom.

Effective starting the 2006-07 school year, the following policy will apply to each student who represents his or her school in any extra-curricular activity. Extra-curricular activities include all sports and any KSHSAA sponsored activities, such as cheerleading, debate, band, choir, etc. Students participating in any Renwick USD 267 extra-curricular activity must have a signed tobacco/alcohol/drug contract on file in the principal's office before participating in any activity. The signed contract will be in effect during the student's enrollment in a Renwick school.

Board of Education policies JCDA, JCDAB, JDDA and JDDA-R expressly prohibit the use, possession, transfer, or sale of any alcoholic or cereal malt beverage, restricted substances, or tobacco on school property or at school activities.

When the activity is "in season", students participating in Renwick extra-curricular activities are expressly prohibited from the use, possession, transfer, or sale of any alcoholic or cereal malt beverage, restricted substances, or tobacco while on school grounds, at a school related activity, or any other event or situation that may or may not be related to a school program. Violation of this restriction by any Renwick student will, in addition to consequences set forth by the Board of Education, result in the following consequences listed below. Students in violation of this contract are encouraged to seek appropriate counseling or treatment. The following consequences are contained within one year and start over at the beginning of each year, except if the student reaches the Subsequent Offense level and then the consequence can extend into the following year as indicated in that section. None of the following consequences can be applied to situations where the student's grade in a class is affected by the consequence. In these situations, the coach/sponsor and administration have the discretion to provide a comparable, substitute consequence.

### **A. FIRST OFFENSE**

Immediately after discovering the possible violation, the building administrator should take any action necessary to address the situation until a conference with the student, parent/guardian and coach/sponsor can be scheduled. As soon as can be scheduled, a conference including a building administrator, the student, parents/guardians of the student, and the coach or sponsor will be conducted. If a violation did occur, the building administrator will **suspend the student from participation in the next activity's competition/performance/activity**. Even though suspended from the competition/performance/activity, the student will be with the team in street clothes throughout the competition to support the team. In addition, the student will attend and participate in any practice(s) between the offense and the competition/performance/activity.

B. SECOND OFFENSE

Immediately after discovering the possible violation, the building administrator should take any action necessary to address the situation until a conference with the student, parent/guardian and coach/sponsor can be scheduled. As soon as can be scheduled, a conference including a building administrator, the student, parents/guardians of the student, and the coach or sponsor will be conducted. If a violation did occur, the building administrator will:

1. **Suspend the student from participation in the activity for the remainder of the current season or for a period of one month, whichever time period is longer.**
2. **Assign the student 20 hours of community service to be completed before the student can participate in any additional activities.** Completion of a community service program as designed by the student and parents/guardians must be approved by the school administration. Documentation that verifies the completion of the 20 hours is to be submitted by the parent or student to the administrator for approval. Any counseling sessions intended to resolve personal issues related to the offense can be substituted for some or all of the community service hours.

C. SUBSEQUENT OFFENSES

Immediately after discovering the possible violation, the building administrator should take any action necessary to address the situation until a conference with the student, parent/guardian and coach/sponsor can be scheduled. As soon as can be scheduled, a conference including a building administrator, the student, parents/guardians of the student, and the coach or sponsor will be conducted. If a violation did occur, the building administrator will **suspend the student from participation in any activity for a period of one full year from the date of the offense.**

STUDENT AND PARENT/GUARDIAN ACKNOWLEDGEMENT

I have read and understand the Code of Conduct Renwick USD 267's Tobacco/Alcohol/Drug Policy and the consequences associated with the policy.

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Signature of Student & Date

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Signature of Parent/Guardian & Date