

BREAKFAST AN IMPORTANT START

Research indicates students perform better with morning food intake. Students who eat breakfast work faster, make fewer errors, provide more original answers on opened-ended tests and have more energy and greater physical endurance. Educational deficits occur when students have short-term hunger. Renwick does not participate in the National School Breakfast program, but students may go to the office or nurse's office for a morning nourishment at no cost to students or parent. Any student that is in need of nourishment is offer a granola bar and milk. Staff at each school is responsible for identifying children in need of morning nourishment.