

## **Florence ISD**

### **School Health Advisory Council**

#### **December 12, 2017 – SHAC Meeting Minutes**

**Members Present:** Lila West, Jackie Hornback, Delisa Atkinson, Melanie Jamison, Shari Woolverton, Lillian Barnett, Janie Leach, Kristy Barnes

**Ex-Officio Representatives Present:** Kay Bradford, Catherine Beckerley, Steve Elder, Julie Parker, Lesa Ragsdale, Annette Cooper

Lillian Barnett moved to approve the SHAC minutes from the October 13, 2017, meeting. Annette Cooper seconded the motion. The motion carried to approve the minutes.

Terri Hutton, Anatomy and Physiology teacher, shared information from the Anatomy in Clay workshop she attended. She also presented information on the implementation of the Anatomy in Clay Learning System curriculum in the Anatomy and Physiology classroom with her students.

Mr. Elder and Mrs. West presented information on CATCH My Breath Youth E-Cigarette Prevention Program. The CATCH Global Foundation brings the e-cigarette prevention program to middle and high schools free of charge. Sixth grade physical education students and high school students in health and Anatomy and Physiology will be participating in the e-cigarette prevention curriculum in the spring semester per parental permission.

Annette Cooper shared a video on Sports Stacking, an activity initiated in elementary physical education classes this school year. The speed stacking helps students work on hand-eye coordination. She also reported that elementary students are receiving the required 135 minutes of physical education each week.

SHAC members discussed a presentation on internet and cyber safety for students and parents. SHAC members suggested putting the parent meeting in conjunction with other activities. Lillian Barnett moved to reach out to partners/resources for internet and cyber safety presentations. Delisa Atkinson seconded the motion. The motion carried to seek presenter for internet and cyber safety presentation.

Lila West asked for volunteers to review the Wellness Plan for FISD. Lillian Barnett, Jackie Hornback, and Shari Woolverton agreed to review the Wellness Plan.

The SHAC meeting adjourned at 8:29 a.m.