



USD 470
2020 SUMMER CONDITIONING
PARENTAL/GUARDIAN COVID-19
CONSENT FORM AND LIABILITY WAIVER

2020 SUMMER CONDITIONING SCHEDULE

OUTSIDE CONDITIONING AT BULLDOG STADIUM

WEEK 1 – JUNE 8 – JUNE 12

WEEK 2 – JUNE 15 – JUNE 19

6:30-7:15 AM – HIGH SCHOOL GIRLS (ALL GRADES)

7:30-8:15 AM – HIGH SCHOOL BOYS (JUNIORS AND SENIORS)

8:30-9:15 AM – HIGH SCHOOL BOYS (FRESHMAN AND SOPHOMORES)

WEIGHT ROOM

WEEK 3 -- JUNE 22 THROUGH THE REMAINDER OF THE SUMMER

SESSIONS TO BE DETERMINED

MIDDLE SCHOOL ATHLETE CONDITIONING WILL BEGIN JULY 6

ALL ATHLETES MUST RETURN THE BOTTOM PORTION OF THE WAIVER PRIOR TO PARTICIPATION IN ANY USD470 SUMMER CONDITIONING/CAMP.

I acknowledge that students and staff will be in close proximity during weightlifting and conditioning, which may increase the risk of contracting COVID-19 or other airborne pathogens. I nevertheless consent to participate in the program and assume all risk associated with it.

Signed: _____
 Parent or Legal Guardian

Date: _____

Signed: _____
 Student

Date: _____