

Flatonia ISD's SHAC Policy & Procedure Manual

Updated April 2017



Student Health Advisory Committee:

- Every independent school district is required by law to have a school health advisory council (SHAC) of which the majority of members must be parents who are not employed by the school district. The SHAC is annually appointed by the local education agency Board of Trustees.
- *Texas Education Code Title 2, Chapter 28, Section 28.004*

Members:

The members of the SHAC shall be comprised of at least five members consisting of mostly parents, community members, the school nurse, and administrators. The SHAC at Fisd consists of three subgroups in which counselors, administrators, cafeteria representatives, and parents can also be members. These groups are: CATCH, Child Nutrition, and Health & Mental Wellness.

Texas Goals for Districts and Campuses:

- ✓ Increase percentage of students able to achieve the healthy fitness zone standard in all six required test items.
- ✓ Develop and implement goals and objectives for physical education/activity programs after reviewing data collected through fitness assessment and other evaluation methods.
- ✓ Incorporate CSH as a part of Campus Improvement Plans.
- ✓ Strengthen and utilize SHACs to support the implementation of all school health policies and practices.

The National Health Education Standards:

Standard 1:

Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Standard 2:

Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Standard 3:

Students will demonstrate the ability to access valid information, products, and services to enhance health.

Standard 4:

Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Standard 5:

Students will demonstrate the ability to use decision-making skills to enhance health.

Standard 6:

Students will demonstrate the ability to use goal-setting skills to enhance health.

Standard 7:

Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Standard 8:

Students will demonstrate the ability to advocate for personal, family, and community health.

SHAC Requirements:

- ✓ A parent must serve as a co-chair
- ✓ A minimum of five members must be appointed to serve on the SHAC by Board of Trustees
- ✓ Majority of members must be parents who are not employees of the district
- ✓ SHAC must meet at least 4 times a year
- ✓ SHAC must deliver an annual report to the Board of Trustees
- ✓ SHAC is required to submit recommendations regarding the district's' health education curriculum

Flatonia ISD's SHAC Goals:

1. Increase number of children in healthy fitness zone as assessed by FitnessGram®
2. Continue Aim for Success abstinence program
3. Increase drug awareness
4. Continue anti-bullying education
5. Coordinate awareness programs that will educate parents, students, and the community on preventative health care.
6. Provide activities and programs to promote positive healthy habits for FISD staff/faculty

Activities that SHAC has participated in:

1. Main Street Pharmacy provided immunization clinics for staff members and their families in September.
2. Students received bus safety instruction in September.
3. The Masonic Lodge provided dental kits and dental health education to all first grade students in October.
4. Two staff members attended UDCA (Unlicensed Diabetic Care Attendant) training at Region 13 in order to stay in compliance with House Bill 984

requirements.

5. Texas A&M AgriLife Extension Service provided information on healthy cooking classes that were provided in La Grange in October.
6. Red ribbon week was filled with activities to promote drug awareness for all students and included a presentation by Flatonia PD.
7. Fayette County Extension Office was on campus in October to promote healthy eating to pre-k through 2nd grade through the “Organ Wise” program.
8. A student shot clinic was held on campus in August at Registration, and the company has agreed to return when needed.
9. The annual Pennies for Patients (Leukemia and Lymphoma Society) fundraiser took place at the Secondary this Fall

SHAC Recommendations:

- *Continue efforts to recruit someone to lead Shattered Dreams
- *Find “Real World” guest speaker to talk to teens about what it’s like to have a baby at a young age
- *Add Aim for Success as a yearly program and start at an earlier age (6th Grade)
- *Increase amount of physical activity at grades PK – 5 (PE Recess)
- *Find alternatives to taking away recess

FISD Board Policies that Relate to SHAC:

BDF - LEGAL

FHAA - LEGAL*

*Board Policies for SHAC were updated at the May 16, 2017 meeting

SHAC Monthly Activities and Goals

August	<ul style="list-style-type: none"> ● Shot Clinic Availability at Student Registration
September	<ul style="list-style-type: none"> ● First SHAC Meeting of the School Year ● Set Goals & Priorities for the School Year ● Review Programs & Policies from previous year ● Create Subgroups & Expectations ● Bus Safety Information ● OrganWise
October	<ul style="list-style-type: none"> ● First SHAC Meeting of the School Year if SHAC has not met in September ● Meet with Counselors and Principals and discuss, coordinate, and logistics of upcoming programs at school (including abstinence program) ● Coordinate with a staff member that will do weightloss challenges and will work with nurse ● Masonic Lodge distributes dental kits to students ● Red Ribbon Week activities ● OrganWise
November	<ul style="list-style-type: none"> ● Pennies for Patients at Secondary ● Second SHAC Meeting of School Year ● OrganWise
December	<ul style="list-style-type: none"> ● Board of Trustees Presentation of SHAC policies and procedures
January	<ul style="list-style-type: none"> ● Board of Trustees Presentation of SHAC policies and procedures, if not the month before ● Third meeting of School Year ● OrganWise
February	<ul style="list-style-type: none"> ● Board of Trustees Presentation of SHAC policies and procedures, if not the month before ● OrganWise
March	<ul style="list-style-type: none"> ● OrganWise
April	<ul style="list-style-type: none"> ● Ensure FitnessGram is planned ● OrganWise
May	<ul style="list-style-type: none"> ● Information of Shots for upcoming school year - Main Street Pharmacy @ Student Registration ● Fourth and final meeting of School Year <ul style="list-style-type: none"> ○ Plans for upcoming school year ○ Set Goals ● Ensure FitnessGram is completed and submitted ● Plans for staff to attend UDCA