

## FLATONIA INDEPENDENT SCHOOL DISTRICT

P.O. Box 189 • Flatonia, Texas 78941 • (361) 865-2941 • Fax (361) 865-2940

## Dear Parent/Guardian:

Flatonia ISD is currently participating in an innovative program for managing sports-related concussion in conjunction with Sievers Medical Clinic of Shiner. Together we are proud to provide complimentary ImPACT™ concussion baseline tests to our affiliated schools.

ImPACT<sup>™</sup> (Immediate Post-Concussion Assessment and Cognitive Testing) is a computerized neurocognitive test that is typically used in children, adolescents, and adults who participate in sports to establish a pre-injury neurocognitive baseline. ImPACT<sup>™</sup> is widely utilized by professional hockey, soccer, football, and baseball organizations.

It is recommended that student-athletes undergo a baseline evaluation by taking ImPACT<sup>TM</sup> in order to determine personal neurocognitive strengths and weaknesses. Essentially, the ImPACT<sup>TM</sup> test is a preseason physical of the brain, a neurocognitive baseline.

This test is taken ONLINE with provided internet access at your child's school under the close supervision of an athletic trainer/nurse/coach and will entail assessment of memory, thinking speed, concentration and reaction time. It is not an intelligence test. ImPACT™ is set up in a "video game" type format and usually takes about 25-30 minutes to complete.

In the event a concussion should occur, your child can be re-tested and the post-concussion data compared against his/her baseline (pre-injury) data. It is strongly recommended that post-injury tests be administered under the supervision of a neuropsychologist or a concussion specialist trained in the interpretation of neurocognitive data. Based upon the post-injury evaluation, the severity of the injury and prognosis can be assessed, and then recommendations considering academic or work related accommodations can be made. It is also a valuable tool for returning student-athletes to play safely.

All test results are stored in a secure database and can be accessed by your school-based athletic trainer/nurse and affiliated Concussion Program providers.

## PROPER HEAD INJURY OR CONCUSSION FOLLOW-UP:

If you think your child has sustained a head injury or concussion, please inform the Licensed Athletic Trainer or nurse at your school as soon as possible.

The athletic trainer or nurse can assist with coordinating post-injury assessment, evaluation and treatment with a Concussion Program provider who is specifically trained in the interpretation of neurocognitive data.

Thank you for taking the time to consider having your child complete an ImPACT™ baseline assessment. If you have any questions or concerns regarding baseline testing, please feel free to contact your school-based athletic trainer, school nurse or Sievers Medical Clinic at 361-239-5015.

Sincerely,

Brenda Selzer, RN BSN
District Nurse
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