

Community Resource Directory

Tucumcari, NM

“We don’t have to do all of it alone. We were never meant to.”

— Brené Brown, Rising Strong

Places of Worship
Tucumcari, NM

Places of Worship

SERVICE TIMES

Center Street United Methodist Church

406 E CENTER STREET

(575) 461-2661

<http://www.umc.org/find-a-church/church/72590>

Mostly Traditional Worship with occasional blended services.

A warm welcome. Casual dress, English language Pastor John M Barrett

Sunday 9:00am

Sunday Worship 10:30

Church Of Christ

1707 S. Third Street

(575) 461-3848

<http://www.tucumcarichurchofchrist.com/>

We invite you to come and fellowship with us as we encourage each other in our walk with God.

10:00 AM Sunday - Bible Studies for all ages

2:00pm Sunday Worship

6:00pm Wednesday Bible Study-all ages

Places of Worship

SERVICE TIMES

Church of Jesus Christ of Latter Day Saints

2400 S 9th St

(575) 461-9676

https://www.facebook.com/pg/The-Church-of-Jesus-Christ-of-Latter-day-Saints-Tucumcari-NM-284022921690781/about/?ref=page_internal

Father's Forge

622 S Lake St, Tucumcari, NM 88401

(575) 461-4200

<https://www.facebook.com/pages/The-Fathers-Forge/175944645758110>

Sunday 10:00am-11:00am

Tuesday 7:00pm-8:00pm

First Assembly Of God Church

&11:00am524 S Monroe St.

(575) 461-3647

<https://www.tuc4christ.com/>

Sunday Worship 8:45

Places of Worship

SERVICE TIMES

First Baptist Church

321 E Center St, Tucumcari, NM 88401
(575) 461-2724
<http://fbctuc.com/>

Sunday Bible Study 9:30-10:30am
Sunday Worship 10:45am-12:00
Sunday Children's Church 11:00am

First Holiness Church Of The World

524 S 1st St, Tucumcari, NM 88401
(575) 461-9640

weekdays 09:00AM-05:00PM

First Presbyterian Church

Address: 306 E Aber St, Tucumcari, NM 88401
Phone: (575) 461-0291
<https://1stpreschurchtuc.weebly.com/>
Meet your New Friends!

Sunday 9:30am *Sunday School*
Sunday Worship 10:30am
Holy Communion 1st Sunday
M-W-F Exercise 9:00am

Places of Worship

SERVICE TIMES

Immanuel Baptist Church

706 E Hines Ave

(575) 461-4500

Jehovah's Witnesses

1724 W Tucumcari Blvd, Tucumcari, NM 88401

(575) 461-2370

<https://www.jw.org/en/>

St. Anne's Church

306 W High St, Tucumcari, NM 88401

(575) 461-2515

Mass Saturday 4:00pm & 6:00pm

***Food Pantry Services & Farmer's Market
Tucumcari, NM***

Food Pantry & Farmer's Market

Ministry of Hope

1824 S 1st St

Tucumcari, NM 88401

(505) 461-6299

Nice food pantry and free clothing pickup

Quay County Food Project

575-487-8617 Administrative Office

Emergency Food, Food Pantries

Tucumcari Farmers' Market

Wailles Park, at the corner of Tucumcari Blvd. and Date Street

Market Hours:

July 7, 2018 - October 13, 2018

Saturdays, 10 AM - 12 PM Tuesdays, 5:30 PM - 7 PM

Payment Options include: DUFB, SNAP-EBT, WIC, SENIOR FMNP

Housing Services
Tucumcari, NM

Housing Services

Tucumcari Housing Authority

323 E Smith Ave

(575) 461-4403

Shelters for Victims

Social services organization

300 S 3rd St, Tucumcari, NM 88401

(575) 461-4208

Thrift Stores & Clothing Services
Tucumcari, NM

Thrift Stores & Clothing Services

St. Vincent de Paul Society Hours vary: Catholic outreach

118 W Main St,

(575) 461-1369

So much to see from books to house wares and clothing, it's so nostalgic and eclectic. Don't miss this jewel.

Family Dollar

Open Daily: 8am-10pm

112 W Tucumcari Blvd, Tucumcari, NM 88401

(575) 461-8545

Discount chain carrying a variety of goods, including groceries, household items & beauty products.

Human Services
Tucumcari, NM

Human Services

New Mexico Human Services Department

421 W Tucumcari Blvd, Tucumcari, NM 88401

(575) 461-4627

<http://www.hsd.state.nm.us/>

The mission of the Human Services Department is to reduce the impact of poverty on people living in New Mexico by providing support services that help families break the cycle of dependency on public assistance.

Income Support Division

ISD Customer Service Center: (800) 283-4465

Local to Albuquerque: (505) 222-9160

Customer Service Automated Response: (855) 309-3766

Low-Income Home Energy Assistance Program: (888) 523-0051

Human Services

New Mexico Children, Youth and Families Department To Report Child Abuse and Neglect in New Mexico

1-855-333-SAFE (7233) or **#SAFE** from your cell phone

The New Mexico Children, Youth and Families Department provides an array of prevention, intervention, rehabilitative and after-care services to New Mexico children and their families.

Constituency Affairs

(505) 827-7606

For assistance or questions about CYFD's programs and services.

<https://cyfd.org/>

Human Services

New Mexico Children, Youth and Families Department

Protective Services

(505) 827-8400

Handles child abuse and neglect investigations, foster care and adoption, and statewide domestic violence programs.

Early Childhood Services

(505) 827-7659

Includes child care assistance, child care referral, child care licensing, home visiting, and PreK.

Juvenile Justice Services

(505) 827-7629

In charge of secure and reintegration facilities for juvenile offenders, probation and aftercare, and transition services.

Law Enforcement Tucumcari, NM

Law Enforcement

If you have an emergency please call 911

Quay County Sheriff's Office

300 S. Third Street

(575) 461-2720

<http://quaycounty-nm.gov/elected-officals/sheriff/>

State Police

Police department in Tucumcari, New Mexico

3024 S 2nd St

(575) 461-3300

Legal Aid
Tucumcari, NM

Legal Aid

Quay County District Attorney

1110 E High St, Tucumcari, NM 88401

(575) 461-4411

<http://www.nmdas.com/districts/tenth/index.html>

Law Offices of the Public Defender-New Mexico

301 N. Guadalupe Street

Santa Fe, NM 87501

(505) 395-2888

<http://www.lopdnm.us/districtoffices/>

Gutierrez Bail Bonding Co

111 S 1st St, Tucumcari, NM 88401

(575) 461-1572

Healthcare
Tucumcari, NM

Healthcare

Tucumcari Public Health Office

575-461-2610

310 S. Second street

Women's / Men's Health, Birth control, Pregnancy Services, Cancer Screenings and Prevention, STD Testing, Treatment & Vaccines, HIV Testing & Screening

Dr Dan C Trigg Memorial Hospital

(575) 461-7000

301 E Miel De Luna Ave

Emergency Room in Tucumcari; Hospital

Quay County Family Health Center

575-461-2200

1302 East Main Street

Primary care

Monday - Friday

7:00 am - 5:30 pm

**Youth & Family Development & Recreation
Tucumcari, NM**

Youth & Family Development

Cooperative Extension Service Quay County

216 E Center - The Terry Turner Building

PO Drawer B

575-461-0562

<https://aces.nmsu.edu/county/quay/>

Cooperative Extension Service provides the people of New Mexico with practical, research-based knowledge and programs to improve their quality of life. Many free resources and information.

Eastern Plains C.A.A. Inc.

210 West Center St.

575-461-1914 (Ext 173,140)

Early Head Start, Child and Adult Care Food Program .

Mission Statement: To assist those in need and provide services that empowers, educate and enable them to become self-sufficient.

Youth & Family Development

City of Tucumcari Recreation Department

900 E Laughlin Ave

(575) 461-1647 Director - Tomas Gallegos

<https://cityoftucumcari.com/recreation/index.html>

Strives to enhance the lives of community youth in Tucumcari by providing a wide range of activity and experiences through our recreation facilities, programs and services

Tucumcari Public Library

Hours of Operation

602 South Second Street

Monday 9:30 am - 7:00pm

(575) 461-0295

Tuesday – Friday 9:30 am - 5:30 pm

computer available for public use

Saturday 9:00 am - 1:00 pm

When I got my library card, that's when my life began. –*Rita Mae Brown*

Youth & Family Development

Tucumcari/Quay County Chamber of Commerce

404 West Route 66

575-461-1694

<http://www.tucumcarinm.com/>

Community calendar, visitors guide, community resources

Counseling Services
Tucumcari, NM

Counseling Services

Mental Health Resources, Inc.

1005 S. Monroe

575-461-3013

"Empowering Families for Healthier Lifestyles"

Hours of Operation

Monday-Friday 8:00am-5:00pm

Closed Saturday and Sunday

Mesa Counseling

102 East High Street

(505) 461-6200

Marriage and family therapists diagnose and treat mental and emotional issues and concerns within marriages, couples and families.

Team Builders Counseling Services

1110 E High St, Tucumcari, NM 88401

(575) 461-4411

Counseling Services

NEW MEXICO Suicide & Crisis Hotlines

1-800-784-2433 (Suicide)

1-800-273-8255 (Talk)

<http://suicidehotlines.com/newmexico.html>

Online chat line available

“You Have the Power to End Your Depression”

ARISE Sexual Assault Services and Child Advocacy Center

575.226.7263 Arise 24/7 Crisis Helpline

Counties We Serve:

Curry, De Baca, Harding, Lea, Quay, Roosevelt, and Union

***Nursing Home & Quality of Life Care
Tucumcari NM***

Nursing Home & Quality of Life

Tucumcari Home Health Agency

301 E Miel De Luna Ave, Tucumcari, NM 88401
(575) 461-7240

Tucumcari Senior Citizens Center Weekdays 8am-5pm

523 S 3rd St, Tucumcari, NM 88401
(575) 461-2307

Daily meals and activities for Senior Citizens

Quail Ridge

Assisted living facility in Tucumcari, New Mexico

2600 S 9th St, Tucumcari, NM 88401

(575) 461-8501

***Bereavement & Comfort Care
Tucumcari, NM***

Bereavement & Comfort Care

Healthcare at Home -Tucumcari Home Health

301 E Miel De Luna Ave
(575)461-7240

Helping Hands Hospice

624 S 2nd St
(575) 461-0099

Weekdays 8:00am-5:00pm

Dunn Funeral Home

115 South Third

(505) 461-3815

Full service funeral home

Bereavement & Comfort Care

First Baptist Church

321 East Center

575-461-2724

<http://www.fbctuc.com/>

Wednesday

Grief Share— 6:15 PM to 8:30 PM

Affordable Self Care

Affordable Self Care

- Doodle or draw
- Go to bed earlier
- Spend 5 minutes doing nothing
- Sigh. Yawn. Clear the old air out of your lungs.
- Don't call your parents when you're in a bad mood.
- Wear your favorite pajamas
- Disable your phone notifications or use a disable app.
- Ask for a hug
- Keep a to-do list
- Take a break from solving other people's problems

- Exercise for 20 minutes: yoga, running
- Do 25 jumping jacks
- Take a walk
- Write a list of things you're thankful for