

Fitness / P.E.1st Block, 3rd Block Whitmire	DATE: 9-5-16
Objective(s) Fitness The students will understand basic kickball techniques.	PE The students will understand basic kickball techniques.
Activities: Students will participate in each of the following: Warm-up routine each day Monday- Kickball Tuesday-Kickball Wednesday- Kickball Thursday- Kickball Friday- Kickball 10 min. Dress Out/ Roll Call/ Walk 10 min. Warm-up routine each day 15 min. Teacher Instructions/ Skill Development / Stations 40 min. PE Activity 5 min Cool down/ Asses activity 10 min Closure / Dress Back	Activities : Students will participate in each of the following: Monday- Kickball Tuesday-Kickball Wednesday- Kickball Thursday- Kickball Friday- Kickball 10 min. Dress Out/ Roll Call/ Walk 10 min. Warm-up routine each day 15 min. Teacher Instructions/ Skill Development / Stations 40 min. PE Activity 5 min Cool down/ Asses activity 10 min Closure / Dress Back
Assessment(s): Students will participate in activities. Teacher Observation	Assessment(s): Students will participate in activities . Teacher Observation
Materials / Technology: Volleyball Chromebooks	Materials / Technology Volleyball Chromebooks

CCSS:	Frameworks: PEL1.8.1 PEL1.2.8 PSB4PFL1 MC1PFL2
Notes:	