

**Westside Consolidated School District**  
**2020-2021 Health & Wellness Committee Meeting Agenda**  
**December 4, 2020 - 1:00 - 3:00**  
**Location: Google Meet [meet.google.com/dfu-eeke-joh](https://meet.google.com/dfu-eeke-joh)**

**20-21 Health and Wellness Plan**

- 1. Call to Order**
- 2. Old Business**
  - a. [Minutes from 10-5-20 meeting](#)
- 3. Successes**
  - a. High School- Operating on close to full staff. Kids are taking part onsite and virtually. Custodians and nurses have done a great job of keeping up
  - b. Middle school- Staff back to as good as it has been in a while. Subteach has done a great job of keeping us staffed. Successful restart to school.
  - c. Elementary School- Have been short, but not just COVID related. School continued to roll along during the pivot at the Elementary. Help from other 2 campuses staff was appreciated.
- 4. New Business**
- 5. Committee Expectations**
  - a. Introductions of new members
    - i. Devin Montgomery , WHS Health Teacher
    - ii. [Committee Member List](#) has been updated on the website
  - b. Quorum Needed: 75% in attendance
  - c. Attendance / Sign In (Please Sign in Below)

Chris George	Myca Ferguson	Kelli Murray	Andrea Brackin
Michael Allen	Scott Gauntt	Lori Kercheval	Holli Crowe
Heather Pate	Freddy Bowen	Tara Ferguson	Kim Huffman
Amanda Carter	Cole Cureton	Ella Sloan	Chastidy Hedge
Freddie Bowen	Brittney Watkins		
- 6. Middle School EAST**
  - a. MS East Lab group that has been working on a proposal for a walking track throughout campus. (Mrs. Lori Gauntt and students will present)
    - i. [Google Slides Presentation](#)
- 7. Menu Review**
  - a. Cafeteria staff has done a great job during pivot.
  - b. Helped other school to keep their school open (Walnut Ridge)
    - i. 400 breakfast
    - ii. 500 lunches
    - iii. 10 days
  - c. New menu items coming in Feb.
  - d. Possibility of a group of students working with the cafeteria to develop new menu items.
  - e. WHS admin and staff helping with lunch.
- 8. Health Curriculum**
  - a. MyPlate vs. food pyramid in our health curriculum.

- i. MyPlate came into effect with Obama administration
- ii. Old curriculum still in WHS health classes
- iii. Importance to have the correct information available to students.
- iv. We can have Kim Huffman come to teach some health classes.
  - 1. No expense to the district
  - 2. Middle School may need to look into updating too.
- v. Physical activity is an aspect of Mrs. Huffman's program as well.

## 9. School Health Index (SHI)

- a. Archive old sheet before starting the new SHI sheet.  
Make sure it's the updated sheet and includes all modules.  
It's recommended that we do all modules. Only have to write goals for specific modules.
- b. Required Modules 1, 2, 4, 9, 10, 11  
Be sure to include Nutrition, Physical Activity & Tobacco
- c. School Health Policies / Environment - Review annually
- d. Health Education - Include PD

## 10. Group Work

- a. Break up into campuses to work together.
  - i. [Elementary Link](#)
  - ii. [Middle School Link](#)
  - iii. [High School Link](#)
    - 1. [High School Section](#)
- b. Finish Modules
- c. Create goals / activities

## 11. Miscellaneous

- a. Next Meeting: Friday, February 26, @ WHS Media Center 1-3
- b. Future Meetings: Friday, April 30

### Elementary School Minutes

- Answered questions for modules 1 and 2.
- Will print the others for the appropriate person to complete before the next meeting.

### Middle School Minutes

- Discussed indicators 9-11. Developed some initial plans with each indicator and agreed to start reviewing the plans for each indicator at the next meeting and fine tune them.

### High School Minutes

- 1. Did we ever get new students? Yes. C. Cureton and E. Sloan.
- 2. SHI- Amanda Carter
  - Will be sending the questions for the Modules to the appropriate staff member to fill out.
  - Will have answers back by Feb. 1 so that we can get them in the system.
  - Module 1: Carter and George
  - Module 2: Montgomery
  - Module 4: Hedge
  - Module 9: Answered by HS group on 12-4-20 meeting
  - Module 10: Arin Parks
  - Module 11: Answered by HS group on 12-4-20 meeting
- 3. We had Nurse Kercheval and Nurse Crowe present COVID related material in a faculty meeting on 10-21-20
- 4. Nurse Kercheval will present material to staff at the Faculty Meeting on 12-18-20.