

AR
Westside High School Jonesboro (Westside Consolidated School District)
1630 Highway 91 W
Jonesboro AR 72404
870-935-7501

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Westside High School
School LEA Number:	1602-055

School Year: 2019-2020

Section II: Needs Assessment

School Health Index Assessment

☒ Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	west182556
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Reviewer Comments:

For the SHI, please ensure that the school completes the required modules 1-4, 10 & 11 as well as the plan for improvement tab which should include at least 2 actions. AEW 6/30/2020

Body Mass Index (BMI)

<input checked="" type="checkbox"/>	The school has conducted an analysis of the School Level Body Mass Index screening data.
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Develop a brief narrative of student BMI trends based on the analysis of the data.
[Westside High School BMI Data 2020](#) - Click link to access data on spreadsheet.

Our school is on par with the state's numbers. Analysis shared and discussed in the HW Meetings.

Other Health and Wellness Related Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Current description is missing the analysis for the school level body mass index. For the school improvement priority, please include a brief description of your school's body mass index data. AEV 6/30/2020

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following Act 1220 requirements:

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
 - ☒ The LEA will ensure that the district policy is in compliance with state and federal mandates.
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Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.

Goal 1 Measurable Objective

1. Health and Physical education teachers will teach DESE's Physical Education and Health Standards in all of their class time each day and implement a semester test in PE to gain more data on how the standards impact health outcomes for students.
 2. WHS will serve meals that meet or exceed the requirements and increase participation in the meal programs.
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Goal 1

Activity	Person Responsible	Timeline
Health teachers will create lesson plans by referencing current health standards. They will collaborate with the middle school health teacher when appropriate to ensure vertical alignment and mastery of all standards	Devin Montgomery Bob Engle Mark Whitmire	ongoing
The high school principals will check lesson plans	Michael Graham Michael	July 2020 first check.

to ensure that physical education and health standards are implemented through the daily use of lesson plans.	Allen	Then ongoing
Instructional Facilitator/Assistant Principal will attend Health/PE PLC meetings to provide any assistance needed in planning high-quality health/wellness lessons.	Chris George	ongoing
The Food Service Director will monitor our cafeteria manager and ensure high quality options are provided to all students during meal times.	Chasity Hedge	ongoing

Reviewer Comments:

Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.

Goal 2 Measurable Objective

The WHS Master Schedule incorporates several opportunities for students to be in a Health class, a Physical Education class, or off site learning through internships and the NEA Career Tech Center. Standards require a student to have a one-half credit PE and one-half credit of Health before they graduate. Students may choose to attend the NEA Career and Tech center for additional courses in food prep and safety. WHS offers credited classes in internship where students may partner with an outside business or group to explore careers in health and wellness.

AFJROTC - Offered in grades 9-12 - Successful completion of each year of the course leads to a DESE approved PE credit.

Goal 2

Activity	Person Responsible	Timeline
WHS master schedule will incorporate multiple opportunities for students to take Health classes from a certified Health instructor.	Carol Little, Michael Graham	ongoing
WHS master schedule will incorporate multiple opportunities for students to take PE classes from a certified PE instructor.	Carol Little, Michael Graham	ongoing
WHS master schedule will incorporate the option for students to take a internships, NEA Career Tech center courses where they are able to explore health careers.	Katie Edlemon, Michael Graham Carol Little	ongoing
WHS will provide opportunities for implementing brain breaks, water breaks in all classroom settings.	Michael Graham	ongoing
WHS will provide many opportunities for physically challenging clubs and activities. WHS will hold info and recruitment fairs to ensure students have an opportunity to access physical	Michael Graham Mark Whitmire Hannah Fulmer	ongoing

activity.

Reviewer Comments:

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Westside High School provides professional development for school staff on nutrition and physical activity by offering CPR training to all staff, by requiring coaches and health teachers' attendance at state-required professional development, and by utilizing the school nurse to provide health information and updates during faculty meetings.

Goal 3

Activity	Person Responsible	Timeline
CPR Classes offered multiple times per year .	Lori Kercheval	ongoing
School Nurse provides professional development, information, and training to staff through faculty meetings on an as-needed basis.	Lori Kercheval Michael Graham	ongoing
The school nurse attends professional development at the local educational cooperative and receives training regarding nutrition, physical activity, and wellness.	Lori Kercheval Michael Graham	ongoing
The principal and district health and wellness chair, will post healthy reminders on school social media to encourage students, parents, and staff to create and maintain healthy habits.	Michael Graham	ongoing
The superintendent will provide pathways to partnerships with the Stop the Bleed foundation and expand training for school employees.	Scott Guantt	ongoing

Reviewer Comments:

Goal 4: *(Optional)* The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

☒ ADE Reviewed

Reviewer Comments:

Please review the comments in section II and use for future references. If you have any questions, contact Ashley Williams, Act 1220 Coordinator, at (501) 683-3604. 6/30/2020