

Westside Consolidated School District
2019-2020 Health & Wellness Committee Meeting Agenda
February 20, 2020 - 1:00 - 3:00
Location: WHS Media Center

1. Call to Order

2. Old Business

- a. Joint User Grant Status - failed 1st attempt
- b. Link to grant rules and application -
<http://www.arkansased.gov/divisions/learning-services/school-health-services/joint-use-agreement-jua>
Chosen:
 - 1) ROTC location for military drills, needs to be 2500 sq. ft of concrete surface
 - Other future options:
 - 2) Playground equipment for softball/baseball games for younger children
 - 3) Disc Golf
- c. Still need to publicize to parents that WMS has Second Chance Breakfast.
- d. Middle School playground/lunch issues
[Is there a fund or solution to MS physical activity/social time following lunch?](#)
[Other activities to add to HS rec time following lunch? Basketball goal, hacky sacks, yard games, etc.](#)
[Placed on Admin Mtg Agenda \(2.21.20\)](#)
- e. District Wellness Policy- get this turned into Mr. Gauntt for March board meeting

3. Successes

[WMS 2nd Chance breakfast numbers have doubled. Advertisement helped! Dodgeball tournament coming up in March.](#)
[WES: Screen addition to morning meeting has increased participation, Grant with Ritter will provide outdoor classroom near cafeteria](#)
[WHS: Homecoming week festivities are great for activity and team building; looking at paving the track possibly this summer; pavillion will be usable again once the weather warms up](#)

4. New Business

- a. Email from Josh Parks ([Seth Watkins and Jeffrey Tubbs involved with this too](#))
<https://mail.google.com/mail/u/0/?tab=cm1#inbox/FMfcgxwGCkbBfdjCNhnrvwbcZwfbnP>
[C](#)

[Mr Gauntt has application started and ¾'s complete.](#)

The contact for the Bayer Partnership is Drew Weeks, his number is 1-573-521-6169.

- b. [FCA will take over the tailgate.](#)

5. Committee Expectations

- a. Quorum Needed: 75% in attendance
- b. Attendance / Sign In

6. Menu Review

- a. Food sold in cafeteria follow the guide

- b. Committee Recommendations (menu, food sold, etc.): WHS student committee- [This will be Grant McArthur who will lead the committee of 5-6 other students.](#)
- c. [Is there a possibility of healthier options at ballgames, such as fruit and vegetables?](#)

7. School Health Index (SHI)

- a. Archive old sheet before starting the new SHI sheet.
Make sure it's the updated sheet and includes all modules.
It's recommended that we do all modules. Only have to write goals for specific modules.
- b. Required Modules 1, 2, 4, 9, 10, 11
Be sure to include Nutrition, Physical Activity & Tobacco
- c. School Health Policies / Environment - Review annually
- d. Health Education - Include PD

8. Wellness Policy

- a. Board Approval- [Final copy needs to be sent to Mr. Gauntt for March meeting](#)
- b. Update - include revision date

9. Triennial Assessment - Every 3 years

- a. Step 1
- b. Place Documentation on Website

10. Miscellaneous

Next Meeting: Tues., April 14