

Westside Consolidated School District
2019-2020 Health & Wellness Committee Meeting Agenda
November 20, 2019 - 1:00 - 3:00
Location: WHS Media Center

1. Call to Order

2. Old Business

- a. Joint User Grant Status - [failed 1st attempt](#)
- b. [Link to grant rules and application -](#)
<http://www.arkansased.gov/divisions/learning-services/school-health-services/joint-use-agreement-jua>

3. Successes

- a. WES: Breakfast pizza was a hit, Fall running tribe has just concluded and will begin again in the spring, great fall festival in November
- b. WMS: second chance breakfast is going well, All principals will make an advertising push on Facebook for second chance breakfast. Warrior Fun Run - we had one student that wanted to join the running tribe after the race.
- c. WHS: We held a meeting with counselors and leadership teams about adding PE classes that are not "typical" PE classes. Funding is going well with Stop the Bleed kits. All teachers have received 3 hours training Pre-K-12
- d. Over 400 Flu shots were given!

4. New Business

[Revisit the Joint Use Agreement to see where we went wrong and how we can possibly revise it to re-submit the grant.](#)
[Where did the grant come from that supported the Pre-K playground?](#)

5. Committee Expectations

- a. Introductions of new members
- b. Quorum Needed: 75% in attendance
- c. Attendance / Sign In

6. Menu Review

- a. Free / Reduced Status per campus: [Our numbers have gone down again this year.](#)
[Approximately 90% who filled the forms out online were denied](#)
[Free / Reduced Numbers:](#)
[High School 48% Middle School 56% Elementary 59% District 54%](#)
- b. Food sold in cafeteria follow the guide
- c. Committee Recommendations (menu, food sold, etc.)
 - i. WHS student committee: Ali Kercheval

7. School Health Index (SHI)

- a. Archive old sheet before starting the new SHI sheet.
Make sure it's the updated sheet and includes all modules.
It's recommended that we do all modules. Only have to write goals for specific modules.

- b. Required Modules 1, 2, 4, 9, 10, 11
Be sure to include Nutrition, Physical Activity & Tobacco
- c. School Health Policies / Environment - Review annually
- d. Health Education - Include PD

8. Wellness Policy

- a. December Board Approval
- b. Update - include revision date

9. Triennial Assessment - Every 3 years

- a. Step 1
- b. Place Documentation on Website

10. Miscellaneous

- a. Next Meeting: Thursday, February 20, @ WHS Media Center 1-3
- b. Future Meetings: Please mark these on your calendar.
 - i. [Future dates to place on the calendar](#): Tues., April 14