

Westside Consolidated School District
18-19 Health & Wellness Committee Minutes
April 11, 2019 ***1:00 - 3:00**
Location: WHS Media Center

1. Call to Order
2. Old Business
 - Check on joint use - Amanda Carter
 - Student meal committee made pictures for the campuses for visuals
 - Free and Reduced Lunch
 - Redone the track - 2019
3. Successes
 - Share table happening on each campus
 - Elementary- Bounce house event was a hit, springfest, GoNoodle happening in the classrooms, Running Tribe going strong, 4th grade has BMI levels has increased. We are following up to 40 min per day 200 per week. Non structured instructional time
 - Middle- Share table going well
 - High- Better alignment of PE curriculum more lifetime sports, instituting that everyone has to take semester tests including non-core classes,
4. New Business
 - a. Free and reduced lunch forms for 2019 - Computer science class working to create a form for parents to fill out online that will then be sent to cafeteria manager, Mrs. Hedge sending a quote to Mr. Gauntt for an outside company that provides an online form for families, that will be sent out to parents beginning July 1, 2019
5. School Health Index
 - a. Website
 - b. Module 11
6. Wellness Policy
 - a. Update - include revision date
 - b. Place on website DONE sent to Mr. Gauntt 4/11/19
7. Triennial Assessment - Every 3 years
 - a. Place documentation on website
8. Menu Review
 - a. Requirements / Standards of NSL Program
 - b. Food sold in cafeteria- [a la carte item selling is going well](#)
 - c. Committee Recommendations (menu, foods sold, etc.)

9. Miscellaneous

- a. [Schedule Nine Special Events Days \(2019-2020\)](#)
 - i. Submit to Chastidy Hedge
- b. Next Meeting: [September](#)

10. Adjourn

2019-20 HW Dates

Tuesday, Sept 17, 2019

Wednesday, Nov 20, 2019

Thursday, Feb 20, 2020

Tuesday, April 14, 2020