

Westside Consolidated School District
18-19 Health & Wellness Committee Agenda
February 26, 2019 *** 1:00 - 3:00**
Location: WHS Media Center

1. Call to Order
2. Old Business
 - Joint Use Agreement Grant: Update [Was sent in January 4th](#). Now the track has been crunched up, waiting for field to be recrowned after soccer season. March there will be a committee to determine grant recipients. The city has cleaned out the drainage pipes around the track.
 - Share table eNote School Menu [This will be addressed again at the following meeting; Locate the bill about excess food.](#)
 - Student Menu Committee - Names of kids and sponsor: [Add Harry Mosier and Alli Kercheval to the committee so they can relay information to this committee; Principal from building make sure that a committee is set up for own building and a sponsor who will communicate with cafeteria staff.](#)
 - Fitness Challenge Ally- [Twisted Foods donated a \\$10 card, Warrior Gym donated one week free membership to all who sign up for the step challenge and a big prize for the winner. This will begin April 1 and end April 30 with prizes awarded May 3rd. Get information from Justin Etter, Kelli will make a flyer to go to staff and board members. Leaderboard for each lounge.](#)
3. Successes
 - Elementary School-
 - [Teachers are making good use of brain breaks to optimize student learning.](#)
 - [Running Tribe is averaging 30 students each morning M, W, and F.](#)
 - Middle School-
 - [Nurse/Counselor Have been going class to class taking to students about the importance of washing hands during flu season](#)
 - [Created games in the cafeteria for students when they can't go outside](#)
 - High School - [Event days are being followed with fidelity, cafeteria has salad bar and hearing kids love the choices... but need more variety.](#)
4. New Business
 - a. [Legislative updates concerning 2019 session](#)
5. Wellness Policy
 - a. [Update / Finalization \(include revision date\)](#)
6. Triennial Assessment - Every 3 years
 - a. Step 3

- b. Place documentation on website
 - 7. Cafeteria - Student Feedback
 - 8. Menu Review
 - a. Requirements / Standards of NSL Program
 - b. Food sold in cafeteria
 - c. Committee Recommendations (menu, foods sold, etc.)
 - 9. School Health Index
 - a. Family / Community Involvement
 - i. Visual board, HS are still trying to come up - HS is working on surveys
 - a. Modules 2, 3: All three buildings completed and will need to continue to set goals
 - b. Module 4, 10
 - 10. Miscellaneous
 - a. Next Meeting: [April 11, 2019 \(This date has been revised.\)](#)
 - 11. Adjourn
- [EZ School pay - FRL Forms pricing and approval.](#)