



SHAC Agenda

February 6, 2019

Review last year's TSHAC triennial assessment.

Member status and school board involvement.

Ideas for this year based on assessment and Wellness Policy.

Next meeting date February 13, 2019

○ SHAC AGENDA

April 17, 2018

Last meeting of the year!

Review minutes from last meeting.

Staff Wellness/Morale ideas. Nominations for Wellness Ambassadors for each campus.

1. Ideas for implementing a program.
2. Ideas for Wellness Wednesday.

○ ***Next year ideas and topics. Set meeting dates. Preferably Wednesdays.***

○

○ SHAC AGENDA

April 10, 2018

Next meeting date

April 17, 2018

Review minutes from last meeting.

Finish SHAC Triennial Self-Assessment.

○ ***Staff Wellness/Morale ideas. Nominations for Wellness Ambassadors for each campus.***

1. Ideas for implementing a program
2. Ideas for including students in the wellness program.

Additional information that needs to be posted on website for SHAC.

○

○ SHAC AGENDA
March 27, 2018

Next meeting dates...

April 10, 2018/ April 17, 2018

Review of minutes from last meeting.

○ **Webpage findings related to SHAC related postings. Action needed...**

Staff Wellness/Morale boosting incentives and nominations for campus Wellness Ambassadors.

○ **Introduction to SHAC Triennial Self-Assessment.**

SHAC AGENDA

March 20, 2018

Meeting Dates 2017-18

March 23, 2018

April 10, 2018

March 27, 2018

April 17, 2018

Overview of Wellness Plan/POLICY approved 2016/17.

Web page SHAC information: Create a wellness page on our schools website. Satisfying the Wellness Plans requirements...

WHO

WHAT

HOW

Next meeting's agenda proposals/suggestions.

SHAC Committee Annual Report



2017-2018

Members: Michelle Walls RN, Joyelle Alvarado, Garon Newton, Terry Brax, Melissa Prichard, John Long, Jamie Jones, Bailey Black.

What we do:

We are a volunteer committee made up of parents, a community leader, school personnel, and students.

The committee is here to work together with the school board to improve the health and educational outcomes of all students and families through coordinated school health programs.

Accomplishments & Recommendations:

Rala Underwood and the MS/HS administrators have implemented a comprehensive human sexuality program with the assistance from our local Amarillo Care Net. We also completed a Triennial Self-Assessment this year information will be assessed by the committee for next year's goals.

We recommend that individual campus Wellness Wednesday activities be encouraged by administrators of each campus. Staff wellness ambassadors will also be suggested for each campus by the principals for next school year. We would like to extend an invite for more parent members with the school board's approval.

○ SHAC Committee Annual Report



2017-2018

Meeting Dates

March 23, 2018

○ March 27, 2018

April 10, 2018

April 17, 2018

○

SHAC Minutes

April 17, 2018

Members present: Michelle Walls, Garon Newton, Terry Brax, Melissa Prichard, Johney Long, Vanette Barnett, Tim Landon.

Welcome to newly invited guest/ possible member Johney Long. Johney is the grandfather to two HP students. He is retired and has a history of volunteer service with previous schools. A brief overview of the last meetings minutes were discussed. The Triennial assessment has been completed.

Wellness Wednesday ideas were discussed as well as discussion of a wellness committee for both staff and students for both campuses. The need for this will be taken to the teachers during weekly collaboration by Tim and

- Vanette. They are looking at other ways to incorporate wellness into the student's day as well as sending information home to parents as well. One way would be thru remind 101 and monthly memos in the grade level newsletters.

Discussion of next year's topics for our SHAC to take on. We will concentrate on the Wellness goals and with the discussions during collaboration on each campus we will wait to hear from the principals what teachers and parents may be wanting as far a curriculum related deficiencies in our program's.



SHAC Minutes

April 10, 2018

Members present: Michelle Walls, Garon Newton, Terry Brax, Melissa Prichard.

Welcome to new member, SHAC information packet to Melissa for her to look over and to provide a greater explanation of the committee and what we do. Questions addressed and answered.

SHAC Triennial Self- Assessment completed. This information will be submitted to be added to our school SHAC information page.

Staff Wellness/ Wellness Wednesday discussed again with not a lot accomplished due to the administrators not being able to attend this meeting as well.

Members encouraged to make plans for next year's ideas and new member recruitment.

○ SHAC Minutes

March 27, 2018

Members present: Michelle Walls, Terry Brax, Garon Newton

Minutes from last meeting were reviewed. Webpage information gathered and will be submitted to be added to the website for SHAC postings.

○ Staff wellness ideas were discussed but we really need to the input from the administrators on each campus. We also discussed Wellness Wednesday activities and ways that we can make it more fun for the students and a way to encourage parents to take part in this activity like we have done in the past.

○ The SHAC Triennial Self-Assessment has been initiated and about half way completed during

- this meeting. We will probably be able to finish it during the next meeting.

Considering the attendance to the meetings we are actively recruiting new members. Last year's parent members really need Wednesday meetings and we will try to accommodate this request next year.



SHAC MINUTES

March 20, 2018

Members present: Michelle Walls, Vanette Barnett, Garon Newton, Terry Brax, Kelly Ramos, Tim Landon.

Wellness Plan and Policies were reviewed and discussed. Vanette will be looking at what is posted on our schools webpage for compliance with our plan. We are looking at putting our Plan and Policy on the site as well as meeting times, membership list, notice of board revisions, triennial assessments and any other relevant information that comes up.

The committee also discussed staff wellness and morale. We want recommendations for each campus possibly having a wellness ambassador who will volunteer to get staff interested in health promotion. Suggestions will be brought next meeting.

I (Michelle Walls) will be getting together types of triennial assessments that we can look at and try to

- get completed for next year or this year if time allows.

USDA summer school audit will be this summer it was discussed that we will make sure that Garon Newton has the SHAC information in her office for the audit.

