



PREVENTATIVE CARDIOVASCULAR TESTING GIVES YOU PEACE OF MIND

Why do High School Students Need to be Tested?

Sudden Cardiac Arrest is the leading cause of death on school campuses
Most common age = 15-20 years old



EKGs and echocardiograms detect the silent conditions that can cause Sudden Cardiac Arrest

Undiagnosed heart conditions rarely cause symptoms in young athletes



For 80% of kids, Sudden Cardiac Arrest will be the FIRST SIGN something is wrong

Vascular abnormalities such as blood clots can be present without a student athlete knowing



Vascular ultrasound can detect vascular conditions to which athletes are prone

Early detection allows measures to be taken to manage, monitor, treat, or cure an abnormality



Cardiovascular conditions can affect a student's life and well-being in the present as well as months, years, or even decades down the road

Physical examinations are not enough to catch all underlying cardiovascular conditions



- Without symptoms or family history, a doctor will not order important cardiac tests
- Many believe shortness of breath or dizziness is caused by exertion, not a heart problem
- Students do not know if their family medical history includes heart conditions or blood clots
- Parents themselves may be unaware they have a heart condition they have passed down



DETECTION
KNOWLEDGE
ACTION
PREVENTION

FIT AND HEALTHY STUDENT ATHLETES ARE STILL AT RISK!