

Junior High Girls Basketball Practice Schedule

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 Period: A & B Team- Basketball After: NONE	7 Period: A & B Team- Basketball After: NONE	8 Period: A & B Team- Basketball After: NONE	9
10	11 Period: A & B Team- Basketball After: Game @ NB 4:30 (B, 7A, 8A)	12 Period: Weight Room After: A Teams until 5:00	13 Period: A & B Team- Basketball After: NONE	14 Period: Weight Room After: A Teams until 5:00	15 Period: A & B Team- Basketball After: NONE	16
17	18 Period: A & B Team- Basketball After: Game home vs. PP 4:30 (B, 7A, 8A)	19 Period: Weight Room After: A Teams until 5:00	20 Period: A & B Team- Basketball After: NONE	21 Period: Weight Room After: A Teams until 5:00	22 Period: A & B Team- Basketball After: NONE	23
24	25 	26 	27 	28 	29 	30

Junior High Girls Basketball Practice Schedule

December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Period: A & B Team- Basketball After: Game @ Red Lick 5:00 (7A, 8A)	3 Period: Weight Room After: A Teams until 5:00	4 Period: A & B Team- Basketball After: NONE	5 Period: Watch HS Tourn. After: NONE	6 Period: Watch HS Tourn. After: NONE	7
8	9 Period: A & B Team- Basketball After: Game home vs. QC 4:30 (B, 7A, 8A)	10 Period: Weight Room After: A Teams until 5:00	11 Period: A & B Team- Basketball After: NONE	12 Period: A & B Team- Basketball After: A Teams until 5:00	13 Period: A & B Team- Basketball After: NONE	14
15	16 Period: A & B Team- Basketball After: Game @ Hooks 4:30 (B, 7A, 8A)	17 Period: Weight Room After: A Teams until 5:00	18 Semester Exams Period: A & B Team- Basketball After: NONE	19 Semester Exams/ Early Release Period: A & B Team- Basketball After: NONE	20 	21
22 	23	24 	25 	26 	27 	28
29 	30	31 				

Junior High Girls Basketball Practice Schedule

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 1	 2	 3	4
5	 6	7 Period: A & B Team- Basketball After: A Teams until 5:00	8 Period: Weight Room After: NONE	9 Period: A & B Team- Basketball After: Game @ DeKalb 4:30 (B, 7A, 8A)	10 Period: A & B Team- Basketball After: NONE	11
12	13 Period: Weight Room After: A Teams until 5:00	14 Period: A & B Team- Basketball After: A Teams until 5:00	15 Period: Weight Room After: NONE	16 Period: A & B Team- Basketball After: Game home vs. Atl. 4:30 (B, 7A, 8A)	17 Period: A & B Team- Basketball After: NONE	18
19	20 School Holiday 	21 Period: A & B Team- Basketball After: A Teams until 5:00	22 Period: Weight Room After: NONE	23 Period: A & B Team- Basketball After: Game home vs. NB 4:30 (B, 7A, 8A)	24 Period: A & B Team- Basketball After: NONE	25
26	27 Period: Weight Room After: A Teams until 5:00	28 Period: A & B Team- Basketball After: A Teams until 5:00	29 Period: Weight Room After: NONE	30 Period: A & B Team- Basketball After: Game @ PP 4:30 (B, 7A, 8A)	31 Period: A & B Team- Basketball After: NONE	

Junior High Girls Basketball Practice Schedule

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Period: Weight Room After: A TeamS until 5:00	4 Period: A & B Team- Basketball After: A TeamS until 5:00	5 Period: Weight Room After: NONE	6 Period: A & B Team- Basketball After: Game home vs. Red Lick 5:00 (7A, 8A)	7 Period: A Team- Basketball After: NONE	8 A Team Tourn. @ Hooks
9	10	11	12	13	14	15
16	17 	18 	19 	20 	21 	22
23	24	25	26	27	28	29